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# Skinnie

VOL 22: ISSUE 12 JUNE 21, 2024



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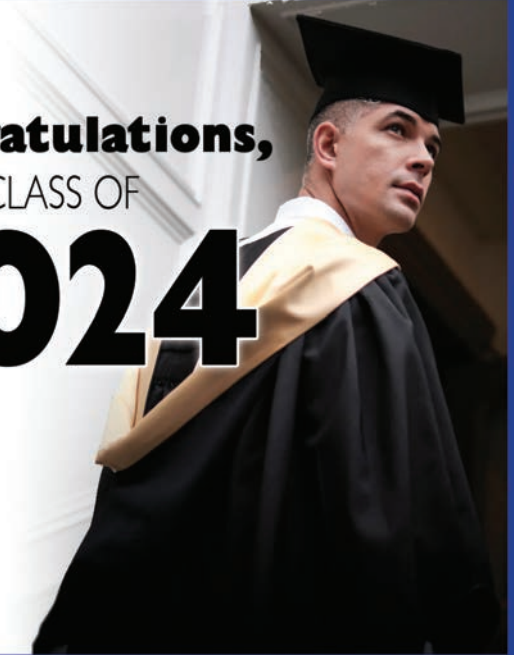
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# Upfront

We're celebrating two important milestones in this issue of The Skinnie. The birth of our beloved nation and high school graduations. Every year at this time, we feature young people from our core constituency – Skidaway Island – who have recently received their diplomas and are about to begin the next chapters of their lives. It is also the run up to July 4th, the commemoration of the ideal of American independence.

Both occasions symbolize new freedoms for their celebrants, along with significant responsibilities. As citizens and beneficiaries of our founders' courageously forged legacy, and as young adults, we hold the promises of a bright future in our grasps. We also face the potential perils that will follow if we forsake those promises.

It's summer. The pace slows a bit. The sun lingers. The humidity doesn't relent. We rest and recharge so we can meet tomorrow's challenges...next season's challenges...the challenges of the next gen-

eration. So that we can do so with the energy and attention and diligence that these challenges deserve. As our graduates will as they head off to college, or start a new job, or volunteer to serve the country we love. As we will, as co-authors and stewards of the American Dream.

We have much for which to be thankful. There's nothing better than a backyard cookout to remind us how sweet and simple life can be.

Congrats, Class of 2024, and Happy Birthday, USA!

*Scott A. Lauritti*



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# To do list: Soak in the notes.

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**on the cover:**  
Our yearly graduation edition, recognizing the high school graduates of Skidaway Island. See page 26.

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# Surrounded by Water, But... Keeping an Island from **RUNNING DRY**

By Rob Burch

Many Landings residents have lived in a city where the municipality is the water provider. The availability of fresh water is a given. Maybe the city had a reservoir or a large natural source of water like a major river. This is not the case for Skidaway Island.

Skidaway's water source is the Floridan Aquifer, which extends from Florida northward to the base of the Appalachian region near Atlanta and runs eastward to the ocean. The aquifer is a large body of porous rock and sediment that holds groundwater. Water is continually withdrawn from the aquifer through pumps and wells and is recharged through natural rainfall.

The aquifer is at risk, because salt water from the Atlantic Ocean is leaking into it, hundreds of feet below ground level. This intrusion is occurring in the coastal area of Port Royal near Beaufort and for many years has been migrating south to Coastal Georgia.

Due to the intrusion, the Georgia Environmental Protection Division (GEPD) has established withdrawal permits for cities, towns, and counties along the coastal area, including Skidaway Island and 41 other communities. Withdrawal permits limit the amount of fresh water to be extracted.

## MANAGING SKIDAWAY'S FRESH WATER WITHDRAWAL

Prior to 2010, the water withdrawal permit for Skidaway Island, via Utilities, Inc. of Georgia, was 2.61 million gallons per day (mgd). After 2010, this amount was reduced to 1.695 mgd, a decrease of 35 percent in water availability.

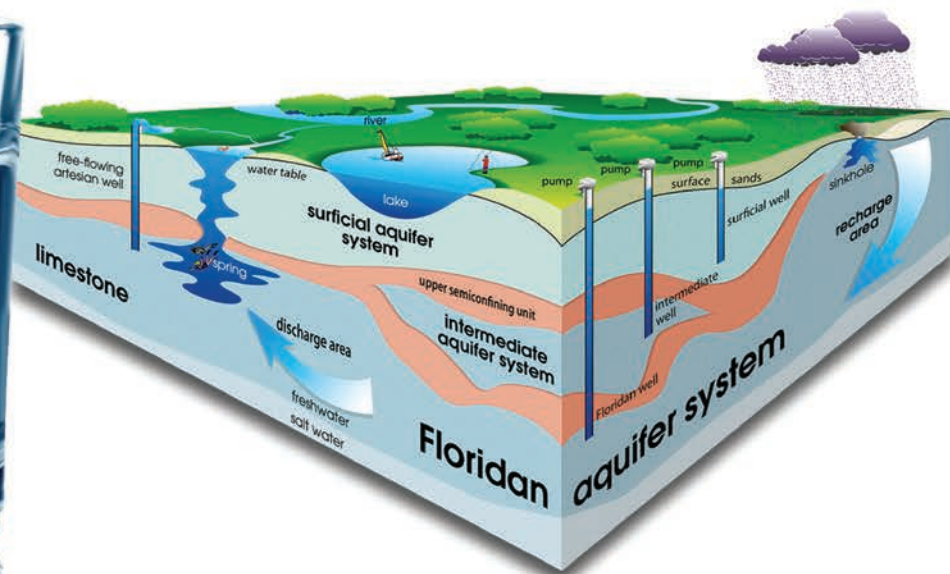
You might think golf course irrigation or maintenance of the Landings Association's (TLA) significant common areas result in the withdrawal of the most water. However, TLA and The Landings Golf and Athletic Club (TLGAC) source water using various shallow

wells outside the purview or constraints of the 1.695-mgd permit. These reductions were established through cooperation and planning among TLA, TLGAC, and Utilities, Inc. of Georgia, the water and wastewater service company on Skidaway Island.

Utilities, Inc. is guided by the 1.695 mgd permit as it works to supply residents and business with water. This withdrawal provides fresh water for approximately 4,600 homes, as well as the South Harbor community, The Marshes of Skidaway, Thrive, and businesses in the Village on Skidaway Island.

Water connections on Skidaway Island increased an average of 10 percent annually since 2010 because of new construction and a growing commercial user base. Although demand for water has increased, Skidaway Island achieved a 10 percent reduction in per capita water use during the period. Such results in managing island growth while conserving groundwater below the Georgia EPD permit level has been an outstanding achievement. It would not have been possible without the culture of environmental sustainability embedded within the Landings community. Skidaway has been certified as a sustainable community since 2018 by Audubon International.

Skidaway has met and exceeded the expectations of GEPD permit withdrawals since 2010. In 2025, the GEPD will explore further permit withdrawal reductions for the island. If this occurs, Skidaway Island will be required to reduce its withdrawal amount by 2030. Given current housing trends, such a reduction will be very challenging, if not unattainable.



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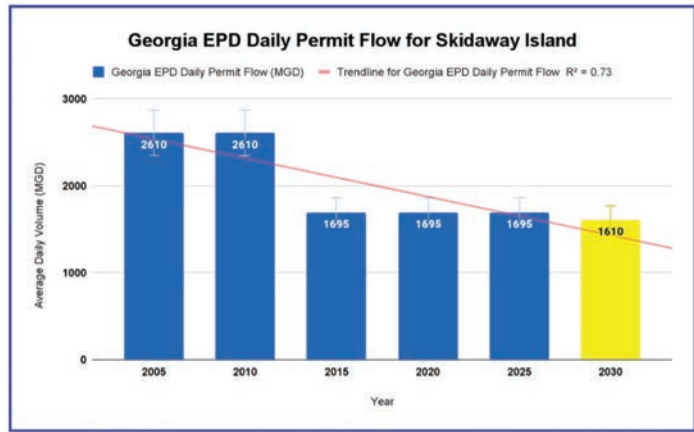


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Utilities, Inc. of Georgia, TLA, Skidaway Audubon, TLGAC, and the Landings Company have worked together and will continue to collaborate on water conservation and sustainability to lessen the community’s impact on the Floridan Aquifer. TLA has agreed that in addition to working with the GEPD, the community should continue to promote and pursue focused efforts in water conservation through a suite of proactive strategies. Moving forward, residents can expect increased communication about groundwater conservation, including managing water loss, smart irrigation technology, water management tools, water conservation tips, and ways residents can become actively engaged in reducing reliance on the aquifer. We all can become more involved in protecting our water assets.

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# Celebrating Excellence and Aspiration

## *Landlovers Confers Annual Awards*

Entering its 50th year as a community-based organization, *The Landings Landlovers on Skidaway Island* provides opportunities for social activities and philanthropy. Started by a small group of women in 1974, there are now hundreds of active members and volunteers raising money each year from generous sponsors and donors. The Landlovers Foundation has been able to share more than \$1.9 million in grants, scholarships, and merit awards for the benefit of the community. Grants are awarded to non-profit organizations that serve Skidaway Island and the surrounding community.

Recipients of scholarship and community service awards include The Landings Association (TLA) and Landings Club employees, their family members, and Skidaway Island high school seniors. Grants are awarded to non-profit organizations that serve Skidaway Island and the nearby area. Heartfelt congratulations to all these very deserving recipients.

### **COMMUNITY SERVICE MERIT AWARDS**

While a sophomore at Savannah Country

Day School, **Ella Haas** conceived the idea for "Senior Sentiments by Ella." Combining her love of art with community service, she began creating and delivering homemade, personalized birthday and greeting cards for the residents of Thrive Senior Living memory unit. Now a junior, Ella joined five volunteer students from in the Ethical Leadership Project, traveling to New Orleans and working with Common Ground Relief to prevent erosion and flooding in the lower ninth ward. Twice



During the recent awards celebration evening, Landlovers President Tim Forbes presented the 2024 Community Service and Scholarship awards.

*By Bud Equi*



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*...the Landlovers Foundation has been able to share more than \$1.9 million in grants, scholarships, and merit awards for the benefit of our community each May. Grants are awarded to non-profit organizations that serve Skidaway Island and the surrounding community.*

a month, Ella and her classmates hold "Tech Time" sessions for residents of The Marshes, providing technical assistance with cell phones and other electronic devices. Ella is a member of the National Honor Society and an SCDS cheerleader named to the National All-American Cheer Team. She is on the math team and is a member of the Tree Club. She contributes to the SCDS Art Magazine. A violinist in the school orchestra since 6th grade. Ella traveled with the SCDS orchestra to Dade City, Florida, to contribute food and other necessities to farm families and perform a concert for residents. An SCDS representative says, "Ella is a service driven student who not only is willing to put in the work but is constantly searching for and solving root cause problems."

As a senior at St Vincent's Academy, **Emma Doyle** spends at least two hours every Sunday afternoon volunteering with the Compassion Christian Church Youth Group. She serves as a mentor and friend for middle school girls and assists with youth activities in summer church programs. A Compassion Christian Church representative says, "Emma never backs down from any challenge or task. She always

has a positive attitude and she is always willing to work hard and do whatever it takes to complete the task."

**SCHOLARSHIPS**

**Christien Harris** is the daughter of Landings Association employee Selena Harris. Christien recently graduated from Georgia Southern University with a bachelor of arts in elementary education, and she is pursuing her master's degree. A second-year scholarship recipient, Christien lights up when she talks about her experiences with teaching, tutoring, and mentoring young people. She has been on the Dean's list for two years and the President's list in the fall of 2022 and spring of 2023.



Christien Harris



Hunter McDowell

**Hunter McDowell** is the son of Landings Association employee Sabrina McDowell. As an eighth-year scholarship recipient, Hunter is completing his third year in the doctorate program of the University of Georgia College of Pharmacy. He is the first in his family to attend college. In this year's application, Hunter describes his dream of opening his own pharmacy in a rural community that may be struggling to achieve a stable health-care system.

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**Mary Peregrina** is the daughter of Landings Association employee Erin Schumacher. Mary is in her second year at the University of North Georgia, working toward her bachelor's degree in kinesiology with a concentration in exercise science. She is also completing the US Army Cadet Program to be commissioned an officer in the US Army. Mary is a team leader for her cadet company, participating in two specialty units, medic corps and recruiting. Upon graduation, Mary plans to enroll in physical therapy school while on active duty in the Army.



Mary Peregrina

**Jessica Henderson** is the Landings Association finance director. A graduate of Morehead State University with a bachelor's in accounting and an MBA from the University of the Cumberlands, Jessica hopes to further her knowledge and skills in all areas of accounting. She believes she can best achieve her goal through the CPA exam review course and sitting for the exam in the coming year. Landlovers supports Jessica as she pursues her CPA certification through the Becker CPA Exam Review Course.



Jessica Henderson

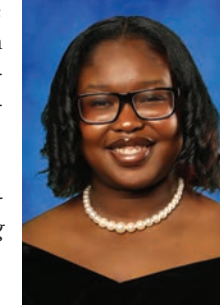
**LaMyla Hill** is the daughter of Landings Association employee Katrice Hill. LaMyla recently graduated from Savannah Arts Academy with a 3.7 GPA as well as a 4.0 in advance study classes she is taking at Georgia Southern University. LaMyla has enrolled at How-

ard University where she will major in physics. She hopes to join a community of scientists who explore and conduct research to develop new ideas and theories. She wants to share her perspective and create a safe space for women of color pursuing science.



LaMyla Hill

**Aalayah King** is the daughter of Landings Association employee Greg King. She graduated from Liberty County High School in May, where she was a member of the Future Farmers of America and a dancer. She will attend Abraham Baldwin Agricultural College, the first of her siblings to attend college. Aalayah considers this scholarship an honor and an investment in her dreams of becoming an agricultural scientist.



Aalayah King

*Landlovers welcomes all Skidaway Island residents interested in social activities and serving the community to visit LandingsLandlovers.com.*



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# Smells Like Sunday

## COOL AS A CUCUMBER SUMMER SALAD

Play with the amounts as you like. My launching point was a beautiful, small, Canary melon. I had half a cucumber leftover from a tzatziki I made the previous night. A bunch of celery was sitting in my crisper; I had only used a stalk or two with nut butter for a snack. Things developed from there. All the vegetable and fruit components were sliced on a mandolin. I smashed shelled pistachios in a plastic baggie, employing a mallet to do the damage. I chopped fresh mint from my garden.

### SALAD

Canary melon  
Celery  
Vidalia onion  
Cucumber  
Small balls of fresh mozzarella  
Crushed pistachios  
Fresh mint

Prepare the components as described in the intro. Toss in a bowl. Season well with salt and toss to combine.

### DRESSING

Juice of one lime  
Red wine vinegar (a few tbsp)  
Heavy pinch harissa powder  
Extra virgin olive oil  
Combine ingredients and whisk vigorously. Pour over salad and toss well to incorporate all of the elements.



From the Kitchen of Scott Laretti

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TheSkinnie VOL. 22 ISSUE 12 - 19

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## HE SERVED BY RON LAURETTI

# DANIEL DAVIS

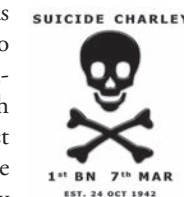
Daniel Davis is a graduate of the U.S. Naval Academy, a decorated combat veteran of the Marine Corps, an advancing professional, and a solid family man.

A Chicago native, Davis comes from a law enforcement and military family. His father is a retired member of the Chicago Police Department, as was his father before him. Brother James is a member of the Cook County, Illinois, Sheriff's Department. Davis's maternal grandfather is a Korean War combat veteran, and one of his uncles served in Vietnam.

When Davis graduated from the Naval Academy in 2002, he chose the Marine Corps and received a commission as a second lieutenant. Nowadays, roughly 25 percent of Midshipmen join the Marines. Davis had known that he wanted to be a Marine from the first day he arrived at Annapolis. The new graduate completed the Marine Corps Basic Course, then the Infantry Officer's Course (IOC).

Davis says the IOC imbued him with leadership skills that have served him well, from combat-ready roles to civilian life. In short order, Davis's preparation would be put to good use. He was assigned to the 1st Marine Division in Iraq, the first of three deployments to the country, each more dangerous than the previous.

The junior officer was instructed to report to "Suicide Charley" Company, 1st Battalion, 7th Marines Regiment, 1st Marine Division. The story of Suicide Charley begins October 24, 1942,



at a defensive perimeter on Guadalcanal commanded by the legendary Marine commander Lewis "Chesty" Puller. Under attack from hundreds of Japanese soldiers, Charley Company held its ground, but at a high loss rate. The next day, as the remaining Japanese licked their wounds, Charley Company raised a makeshift flag of white parachute cloth bearing the skull and crossbones and

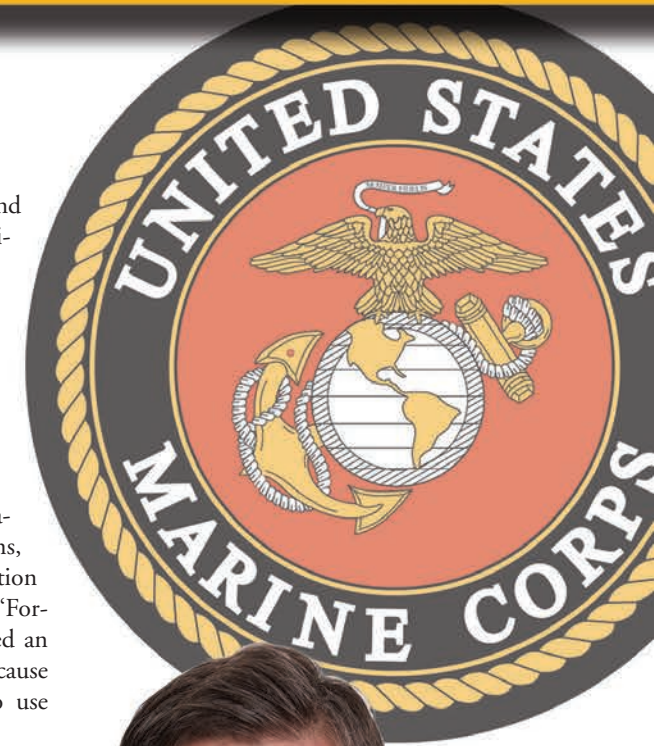
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the words "Suicide Charlie." The legend lives to this day, suggesting that it's suicidal to attack Charley Company, as they will defend themselves to the last death.

During his first deployment, Davis served as a platoon commander for legendary company. At full strength, a Marine infantry platoon is roughly 40 men. The company operated out of Najaf, then Babylon, when Saddam's sons, Uday and Qusay, were killed by coalition forces. Patrols were not without peril. "Fortunately, we only occasionally detonated an Improvised Explosive Device (IED) because the insurgents were just beginning to use them," Davis says.

When his six-month tour ended, Davis reported to Twenty-Nine Palms, California, where he became proficient with various weapons used by Marine combat companies. Promoted to first lieutenant, he returned to Iraq, again as a platoon commander for Suicide Charley, now stationed in Anbar Province, bordering Syria. Often, insurgent forces would attack from across the border and then quickly retreat. Assaults were more frequent than during his previous deployment, and Marines on patrol often had to travel an uncomfortable distance from the relative safety of their base.

Davis's final rotation was almost the same as his previous one – stateside to Twenty-Nine Palms, then back to Iraq. This time as a captain and the executive officer of Suicide Charley. The anti-coalition insurgency was in full swing. "On patrol, we almost always encountered IED explosions and ambushes," Davis recalls. "In spite of the excellent medical care our corpsmen provided, we lost our share



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of Marines to battlefield wounds.”

When the Marines entered a village, suspected target houses were searched for weapons or high-value insurgent fighters hiding inside. Often the front door of a suspected house had to be breached by a lead Marine. This task required courage and nerves of steel.

“But it wasn’t all combat, all the time” Davis explains. “We, along with attached Seabees, rebuilt lots of Iraqi infrastructure – schools, meeting places... We provided security for our construction workers.”

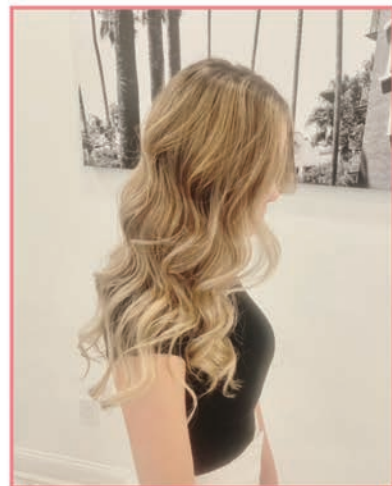
Davis vividly remembers many close calls. But he was fortunate to return home unharmed. He was discharged from active duty on May 23, 2007. The chest of his military dress jacket is barely large enough to hold his rows of awards and medals.

Of course, the Marine Corps wanted to retain its impressive young officer for career service – which Davis appreciated – but he had other plans for himself and his growing family. Recognizing the value of an advanced degree in the business world, he enrolled at the University of Chicago Booth School of Business, where he earned an MBA with concentrations in finance and econometrics and statistics. Combined with his military leadership experience, he was strategically positioned for success in private equity, which was his goal.

Davis is currently a managing director at the Thurston Group, a prominent healthcare-focused private equity firm. He is a devoted husband to wife, Lauren, and father to two growing children, son Connor and daughter Maggie.



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## Wise Weight Loss

# Seeing Past Your BELLY

The promises sound great. “Flat stomach in 14 days!” “Lose belly fat fast!”

Even if it were healthy and sustainable to lose weight rapidly (it's not), belly fat can't be targeted through exercise. “Your body chooses where it's going to take the fat from first, as well as where it's going to store it,” explains Anthony Weakland, ACSM-CEP, a health educator in the Wellness Center at St. Joseph's/Candler.

The type of fat you are accumulating matters. The fat right under your skin, the kind you can pinch, is called subcutaneous fat. Exercises like sit-ups can tighten your abdominal muscles but won't get at the visceral fat wrapped around your abdominal organs. Visceral fat is the culprit behind health problems like high blood pressure and insulin resistance.

“Exercise is very important, but you can't forget about getting a good night's sleep, managing stress, and eating right,” Weakland explains. “Nutrition is a huge factor. Good sleep and stress management are also key tools to controlling visceral fat.”

Watching your intake of processed foods sugary items like soda can help you decrease your accumulation of visceral fat. “You don't have to stop yourself from eating potato chips altogether, but you could cut out that extra serving,” Weakland says. “And maybe add a little distance or speed to a daily walk.”

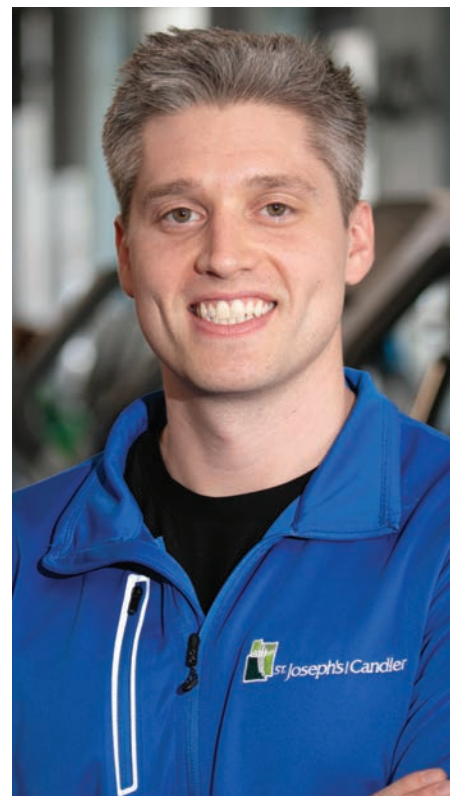
Instead of grinding through an aerobic activity that you feel forced to do, try to find

something you enjoy. “If you don't like running, do something else,” Weakland advises. “Swimming, bicycling, or just walking – there are so many ways to stay active.”

Strength training should also be part of your fitness routine. “Lifting weights improves your metabolism and can counteract the natural loss of muscle mass that comes with age,” Weakland says. “Everybody's story is different, but there are certain factors we all share.”

Weakland encourages his clients to take baby steps on their journey – small, positive changes that are sustainable. When these adjustments are linked together, they help you feel better overall. Then, staying healthy doesn't feel like work. Looking at the bigger picture rather than focusing on your belly will, somewhat ironically, be the healthiest way to lose belly fat.

*For information on services available at St. Joseph's/Candler Wellness Center, please call 912.819.8800.*



Health Educator Anthony Weakland

www.theskinnie.com

## Are You Drinking Enough Water?

As the hottest months on the calendar approach, it's important to get into the routine of staying hydrated. The best way is to drink plenty of fluids. And the best fluid for your body? Water. It's one of the body's essential elements and vital to bodily functions. It is the most abundant substance in the body, averaging 60 percent of body weight.

“Water is essential for your metabolism, cell function, temperature regulation, circulatory function, aiding with digestion, and preventing dehydration,” says Tori Thomas, dietitian at the Candler Hospital Wellness Center. “Staying hydrated can help decrease fatigue, improve gastrointestinal function, and improve alertness, cognition, and mood.”

How much fluid and what kind of fluids you need per day depends on many factors including activity level, sweat loss, body mass, and daily caloric intake. For the general healthy population, if someone is on a 2,000-calorie diet, about eight and a half cups of fluid per day would be a great goal.

“There's not actually a recommended daily amount of water intake, but total fluid intake,” Thomas explains. Other fluids can come from foods and drinks you consume

during the day, including coffee, electrolyte drinks, soda, tea, and soups. “However, with total fluid intake, I always recommend it comes from mostly water.”

When you don't get enough fluid, your mood can change. You can overheat, especially if you are outside a lot. You can suffer constipation and kidney issues. Signs that you may be dehydrated or not getting enough fluid include:

- Very dry mouth and tongue
- Headaches
- Dry skin
- Dark-colored urine
- Muscle weakness
- Lack of focus

Need extra motivation? Drinking water can help with weight loss and weight management.

“Drinking water isn't going to magically make you lose weight – because that is going to be related to the number of calories you consume – but water consumption can help with weight management, especially when you replace caloric beverages like sweet teas, sodas, and sugary juices, with non-caloric options, such as unsweetened tea, water with lemon, or water by itself,” Thomas says.



Dietitian Tori Thomas of St. Joseph's/Candler's Wellness Center

*If you have questions regarding daily fluid intake or daily calorie consumption, consult a dietitian. St. Joseph's/Candler Wellness Center offers nutrition outpatient counseling services. Call 912.819.8800 for information.*

If you don't think you're getting enough water or want to incorporate more water into your diet, try these tips:

- Set realistic, small goals to achieve throughout the day and then expand upon those goals.
- Buy a nice, new water bottle that you want to regularly use. Carry it with you for easy access wherever you go.
- Water bottles are available with timers on them to help you remember and encourage you to drink more water.
- Set an alert on your phone or calendar to remind yourself to drink water.
- Add fresh flavors to your water, like citrus, cucumbers, or mint. You can keep a pitcher in your refrigerator and vary flavors.
- Try sparkling or flavored waters but pay attention to added sugar and calories. Moderation is key.
- Drink electrolyte drinks (again in moderation), but try to choose sugar-free or lite-sugar flavors.



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# Congratulations

## Class of 2024

Skidaway Island is home to residents of many ages, interests, and experiences. Sometimes, the Landings is referred to as a retirement community, full of folks who have lived most of their lives somewhere else. One aspect of Skidaway's appeal, a feature that differentiates the development from so many other recreation-focused gated communities along the Southeastern coast...its multigenerational makeup.

Each year, we congratulate Skidaway teens who have achieved one of early life's special milestones – high school graduation. We depend upon local schools and our readers to identify each year's cap-and-gown kids. The process is imperfect, but we do the best we can with

the information provided.

The Skidaway Island Class of 2024 has 67 graduates. They attended a variety of schools including Savannah Country Day School (26), Benedictine Military School (13), St. Vincent's Academy (10), Calvary Day School (8), three each from Savannah Christian Preparatory School and St. Andrew's School, and two each from the Habersham School and Jenkins High School.

Join us in congratulating these young people and their families, and read about their aspirations and plans.



**HAYDEN ANDERSON**

*Savannah Country Day School*  
Hayden will attend the University of South Carolina and major in sports and entertainment management.



**RHYS D. BAILLIE**

*St. Andrews School*  
Rhys is a full IB Diploma candidate and will major in business at Indiana University in the fall.



**MARY ANNE SWINT BENNETT**

*Savannah Country Day School*  
Mary Anne graduated Cum Laude and will attend the University of Georgia to study biology.



**HENRY BERG**

*Savannah Country Day School*  
Henry graduated Cum Laude and looks forward to attending Wake Forest University in the fall to study finance.



**KATIE BIBBY**

*St. Vincent's Academy*  
Katie plans to study computer science at Auburn University.



**MADELINE MARIE BRAINARD**

*Savannah Country Day School*  
Madeline will be attending Samford University and majoring in psychology.



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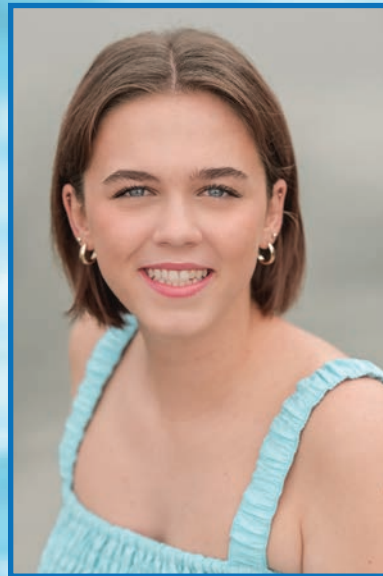
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**SAMUEL BUENO**

*Savannah Country Day School*  
Sam has enrolled at Georgia Tech. He plans on playing lacrosse and majoring in biology, with an eye toward becoming a doctor.



**JACQUELINE BUNGER**

*Savannah Country Day School*  
Jacqueline will major in mechanical engineering at the Colorado School of Mines.



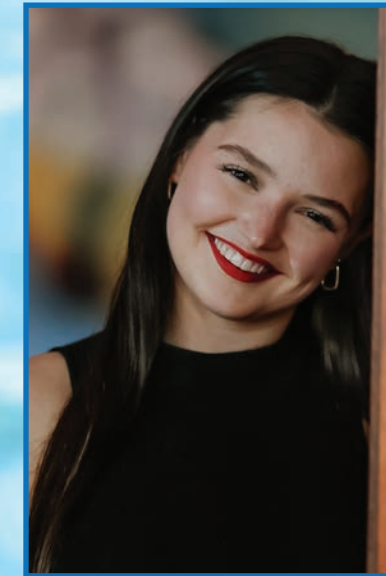
**TILLMAN S. CLARK**

*Jenkins High School*  
Tillman will continue his education at the University of Georgia, where he will major in electrical engineering.



**NICO DASCOMBE**

*Savannah Country Day School*  
Nico is headed for Carnegie Mellon University in Pittsburgh, where he will major in electrical engineering.



**MADISON DELOACH**

*Savannah Country Day School*  
Madison plans to major in behavioral science at Northeastern University in Boston.



**PRESLEY ROSE DIXON**

*St. Vincent's Academy*  
Presley, class valedictorian, will attend Georgia Tech and major in business administration.



**HAMILTON MONTGOMERY COLLEY**

*The Habersham School*  
Hamilton graduated Summa Cum Laude and will attend Samford University in the fall.



**BROOKE COULTER**

*St. Vincent's Academy*  
Brooke will attend the University of Alabama (ROLL TIDE!) to study pre-law in pursuit of her dream of becoming a lawyer.



**BLAKE CULBRETH**

*Savannah Country Day School*  
Blake will attend Furman University to pursue a business degree. Eventually, he intends to earn an MBA degree.

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**JACK DORMINEY**

*Calvary Day School*  
Jack has enrolled at Georgia College and State University to study psychology and pursue a career as a psychiatrist.



**AIDAN DUNNE**

*Savannah Country Day School*  
Aidan is off to Elon University in North Carolina as a business major.



**CLAIRE ELIZABETH FLEMING**

*St. Andrew's School*  
Claire is an International Baccalaureate Diploma candidate. She will attend the University of Georgia in the fall and study biomedical physiology on a pre-vet track.



**ATHON HERRIN**

*Savannah Country Day School*  
Athon plans to attend Sewanee – University of the South to get a great education and play football for the Tigers.



**JAELYN HERRIOTT**

*Calvary Day School*  
Voted Calvary's Student of the Year, Jaelyn plans to attend Georgia College and State University to pursue a nursing degree and become a nurse practitioner.



**GREER HOLLIS**

*Savannah Country Day School*  
Greer will major in biology at the University of Georgia.



**SETH COLEMAN FOWLER**

*The Habersham School*  
Seth graduated cum laude, and will major in computer science at the University of North Georgia



**ANDREW FUTCH**

*St. Andrew's School*  
Andrew plans to study aeronautical science at Florida Institute of Technology in September. He is currently working toward his private pilot's license. He aspires to become a commercial airline pilot.



**MADGE GIORGIO**

*St. Vincent's Academy*  
Madge will major in mechanical engineering at Purdue University with a minor in French.

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**Financial tips for widows and widowers.**

The loss of a spouse is not only incredibly painful, it can present a range of financial issues. It's important to take care with major decision making and to review your overall financial picture when you can do so objectively and get a sense of where you stand.  
**Insurance** Receiving a death benefit from your spouse's insurance policy? What will you do with the money? Does it reflect your needs? Do beneficiaries change?  
**Social Security options** You may be eligible for survivor's benefits, but will need to consider your own Social Security retirement benefits. You can't take both, but you will receive the larger of the two.  
**Estate plans** Review your own plans to see reflect any changes needed.  
**Support** You don't have to go it alone. A financial professional can help you make the choices that can keep you moving forward on your life's journey.

This content was provided by Edward Jones for use by Brianna Waters, your Edward Jones financial advisor at 912.598.2670. Member SIPC

**Edward Jones**

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Savannah, GA 31411



Brianna Waters  
Financial Advisor





**THOMPSON JENE HUGHES**  
*Savannah Christian Preparatory School*  
 Thompson plans to enter the workforce.



**HARPER RAYNE JUDELSON**  
*Savannah Country Day School*  
 Harper will study business at Texas Christian University in Fort Worth in the fall.



**GABE KAMINSKY**  
*Savannah Country Day School*  
 Gabe is looking forward to majoring in business at the University of Wisconsin in the fall.



**ELLA LOWRY**  
*Savannah Country Day School*  
 Ella will continue her education at Furman University in the fall.



**HARRISON ROWE LYNES**  
*Savannah Christian Preparatory School*  
 Harrison will be attending the University of North Georgia.



**ERICKA MCKEEVER**  
*Savannah Country Day School*  
 Ericka will study civil engineering at the University of Georgia.



**TANNER LANIER**  
*Benedictine Military School*  
 Tanner has enrolled at Mercer University in Macon.



**EDIE LEVIT**  
*St. Vincent's Academy*  
 This fall, Edie will major in biology at Penn State.



**GARRETT LORFANO**  
*Savannah Country Day School*  
 Garrett has earned a baseball scholarship to attend Flagler College, where he will study business administration.



**ANDREW MESSALLE**  
*Savannah Country Day School*  
 Andrew plans to earn his degree in business administration/finance from Georgia Southern University.



**JACK OWEN MYERS**  
*Savannah Country Day School*  
 Jack will attend the Auburn University Honors College as a Heritage Scholar and major in engineering.



**SOFIA PABLO**  
*Savannah Country Day School*  
 Sofia will be attending Dartmouth College in Hanover, New Hampshire this fall, studying biology.



**CALEB PINE**

*Savannah Country Day School*  
Caleb will major in political science, with a minor in film, at the University of Pittsburgh.



**LANDRY PURVIS**

*Calvary Day School*  
Landry is attending Georgia Southern University in Statesboro.



**LUKE REED**

*Calvary Day School*  
Luke will continue his education at the University of North Georgia in the fall.



**ANNA SHELTON**

*Savannah Country Day School*  
Anna will be attending University of Miami.



**ANDREW SHIPPY**

*Jenkins High School*  
Andrew has enrolled at Georgia Southern University, majoring in computer science toward a career in the video game design industry.



**SAWYER TARR (and Winter)**

*Savannah Country Day School*  
Sawyer will attend Vassar College in September.



**MARLO CLAIRE RITCHIE**

*St. Vincent's Academy*  
Marlo will attend Samford University, where she intends to study psychology and become a child life specialist.



**SAMUEL ROBIN**

*Benedictine High School*  
Sam has enrolled at Georgia College.



**BRUCE OSTEN SAYERS**

*Benedictine High School*  
Osten will major in finance at the University of Georgia.



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**BEN TEMPLETON**

*Savannah Country Day School*  
Ben will major in musical theatre at Ithaca College.



**HANNA VANDERBRINK**

*Calvary Day School*  
Hanna graduated with high honors and will major in biomedical engineering at North Carolina State in the fall.



**MADIE KATHERINE WARD**

*St. Vincent's Academy*  
Madie will pursue a nursing degree at Georgia Southern University in the fall, to eventually become a nurse practitioner.

## ALSO GRADUATING

**CADEN CAHILL**

*Benedictine Military School*

**JACKSON CROW**

*Calvary Day School*

**EMMA DOYLE**

*St. Vincent's Academy*

**JACKSON FERLAND**

*Benedictine Military School*

**CHRIS FLEMING**

*Calvary Day School*

**FLORENZ HEIDACHER III**

*Benedictine Military School*

**ALYSSA LEBLANC**

*Calvary Day School*

**CONNOR MASSEY**

*Benedictine Military School*

**VICTOR MOORE**

*Benedictine Military School*

**MADALYN QUARLES**

*St. Vincent's Academy*

**SOFIA SERRANO**

*St. Vincent's Academy*

**CHRISTOPHER SHOCKLEY**

*Benedictine Military School*

**FRANKLIN SMITH**

*Benedictine Military School*

**COLIN SUMNER**

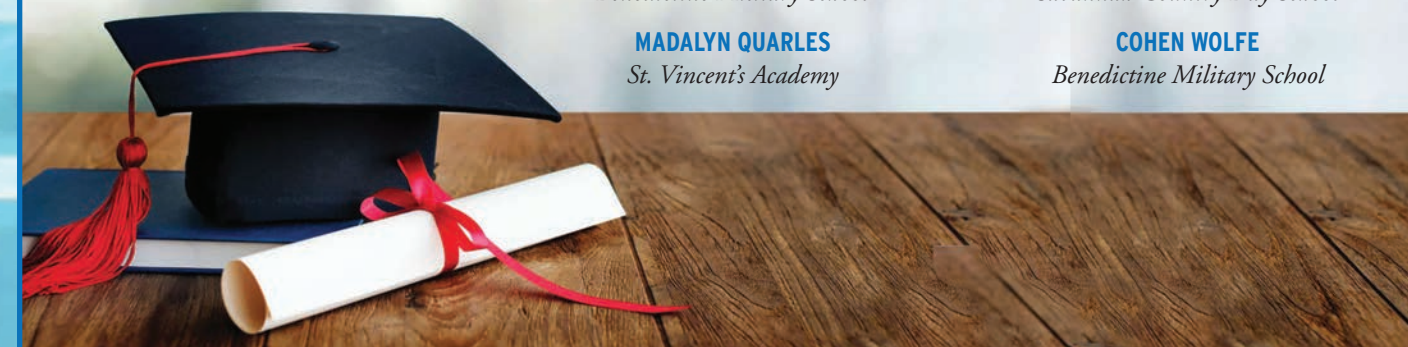
*Benedictine Military School*

**WILIAM WHITFIELD**

*Savannah Country Day School*

**COHEN WOLFE**

*Benedictine Military School*





# SAVANNAH PHILHARMONIC

## Something for Everyone: The Savannah Philharmonic's Commitment to Music Education

While the Savannah Philharmonic is renowned for its inspiring performances by the orchestra and chorus, the organization's impact reaches far beyond the concert hall. At the core of its mission is a deep commitment to providing accessible, enriching music education opportunities for students of all ages and backgrounds across the region.

"Each and every day, we strive to inspire a lifelong appreciation for music and foster the talents of aspiring musicians throughout our community," says Amy Williams, Executive Director of the Savannah Philharmonic. "Our education programs open doors that empower young people's creativity, confidence and overall growth."

Leading this effort is the flourishing **SavPhil Strings** initiative. Thanks to the supporting Ben Tucker Instrument Library, students can access quality instruments at no cost. This season, the innovative violin program expanded to four new partner sites - Windsor Forest Elementary, Horizons Savannah, Bethesda Academy, and Charles Ellis Montessori Academy - reaching over 70 students with enriching group and private instruction.

For high schoolers, the **SavPhil All-Star Ensemble** provides a unique opportunity. This annual two-day

musicians across Savannah's high schools. They rehearse together, receive mentorship from SavPhil musicians, and then perform a final concert side-by-side with the professional orchestra members. It is truly inspirational chance to collaborate and grow their skills among their peers.

The SavPhil is also focused on setting students up for success through its **Small Group Instruction** program, which emphasizes fundamental skills of their instrument, helps them practice difficult sections of their band music, and guides participants through the audition process for the District Honor Band.

As they become better players, they become better people," explains Williams. Overcoming the intimidation of auditioning builds confidence that extends far beyond music.

From eliminating financial barriers to providing mentorship from world-class musicians, the Savannah Philharmonic's education programs are life-changing opportunities. They represent the organization's steadfast belief that the joys and benefits of music should be available to everyone in the community.

"Music has the power to unite people, spark creativity, and unlock human potential," says Williams. "Our education initiatives ensure these transformative experiences can inspire the next generation of music lovers and artists throughout Savannah."

To learn more, please visit: [SavannahPhilharmonic.org](http://SavannahPhilharmonic.org)



**KATHERINE BROOKE WHALEN**  
*Savannah Christian  
Preparatory School*

Katherine has enrolled at George Washington University to study international affairs and Spanish.



**LAWSON ZHOU**

*Savannah Country Day School*  
Lawson will attend Rose-Hulman Institute of Technology to study mechanical engineering. His goal is to work for General Dynamics with the tank division.



**NICHOLAS ZUCK**

*Benedictine Military School*  
Nicholas plans to participate in the ROTC program at Georgia Southern University-Armstrong. He hopes to pursue a career in military intelligence and work for the CIA.

*We wish all our graduates the best of luck wherever their future endeavors may take them. We appreciate the opportunity to recognize the young people of Skidaway Island, and thank the graduates and their families for sharing their success stories with our readers.*

The **Skinnie** magazine



**FERAL FRIENDSHIP**

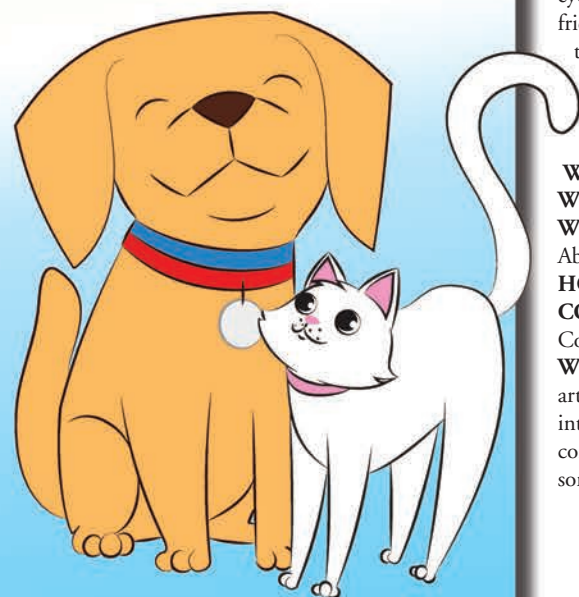
**WHAT:** Skidaway Cat Alliance Team  
**WHEN:** Ongoing  
**WHERE:** Skidaway Island and surrounding  
**CONTACT:** To learn more about volunteer opportunities or need help with a feral cat, please email [skidawaycats@gmail.com](mailto:skidawaycats@gmail.com) or visit our Facebook page at [www.facebook.com/skidawaycatalliance](http://www.facebook.com/skidawaycatalliance)  
**WHAT ELSE:** The Skidaway Cat Alliance Team is a group of dedicated animal lovers who provide food, population control (spay/neuter), medical care, and shelter for free-roaming cats in the Skidaway area.

**FOOD FOR FELINES**

**WHAT:** Kitten food drive for the Humane Society of Greater Savannah  
**WHEN:** Ongoing  
**WHERE:** Humane Society Adoption Center, 7215 Sallie Mood Dr.  
**CONTACT:** Call Rosemary Longueira at 912.598.2875 or drop donations at 22 Long Island Road, Oakridge  
**WHAT ELSE:** With so many kittens in foster care, the Humane Society is in need of Fancy Feast canned kitten food, Purina dry kitten chow, and kitten replacement milk (such as KMR) for the neonatal bottle-fed kittens. Soft fuzzy blankets would also be appreciated. Donations can be dropped off during normal business hours (Tuesday-Saturday, 1:00-6:00 p.m.) or off-hours in the donation bins outside the Adoption Center on Sallie Mood Drive.

**ANIMAL HOUSE**

**WHAT:** Call for volunteers  
**WHEN:** Flexible hours to meet your needs and schedule, various tasks  
**WHERE:** The Humane Society Thrift Shop, 7215 Sallie Mood Dr.  
**CONTACT:** Volunteer coordinator, Yvonne Hemphill, 603.502.6906  
**WHAT ELSE:** No experience necessary. All proceeds from the thrift shop go to supporting the care of the shelter's animals.



# island hopping

*Please email content to [mail@theskinnie.com](mailto:mail@theskinnie.com).  
 Deadline is the Friday prior to publication.*

**HEAR GREAT SPEAKERS**

**WHAT:** Kiwanis Club of Skidaway  
**WHEN:** Thursday mornings at 8 a.m.  
**WHERE:** Palmetto Club  
**HOW MUCH:** Free to attend, including any refreshments, which includes coffee/tea (compliments of Morgan Stanley) and occasional pastries from Auspicious Bakery.  
**CONTACT:** Michael Klavon, 912.306.0474 for gate pass  
**WHAT ELSE:** Membership is open to Savannah/Chatham area residents. Visit [www.kiwanisofskidaway.com](http://www.kiwanisofskidaway.com) for more information.

**WHO NEW?**

**WHAT:** New Neighbors  
**WHEN:** Visit [www.landingsnewneighbors.com](http://www.landingsnewneighbors.com) to see our calendar  
**CONTACT:** Visit our website or contact Jody at [nnnewmember@gmail.com](mailto:nnnewmember@gmail.com)  
**WHAT ELSE:** The club offers more than 250 different activities from biking, golf, pickleball, walking groups or fishing to Mahjong, Bridge, Needle-arts and Canasta. We have exciting military tours and special events for you to enjoy right here on Skidaway Island.

**THE EYES HAVE IT**

**WHAT:** Landings Eyes Are Smiling  
**WHEN:** June 2024  
**WHERE:** The Landings  
**HOW MUCH:** No charge, just a bit of courtesy  
**CONTACT:** [webmaster@landings.com](mailto:webmaster@landings.com)  
**WHAT ELSE:** The days are over when a gentleman would tip his hat to others along the street. But the hat wasn't the point; the connection was eye contact. Brief eye contact and a smile sends a friendly greeting to a stranger, and it might open the door to a future friendship. Courtesy doesn't cost anything, and it can be fun.

**ABSTRACT THINKING**

**WHAT:** a new exhibit by artist Dell Belew  
**WHEN:** June 2 - 30  
**WHERE:** Jewish Educational Alliance, 5111 Abercorn Street  
**HOW MUCH:** Free and open to the public  
**CONTACT:** Katie Griffith, JEA Arts and Ideas Coordinator, 912.355.8111  
**WHAT ELSE:** A self-proclaimed chameleon artist, Dell Belew's "intuitive" paintings venture into trying new things and changing the focus, concentrating on texture. The exhibit will include some of her representational paintings with tex-

ture and a variety of fluid art works and textured abstracts.

**BE A DECENT DOCENT**

**WHAT:** Tour Guide Training – Volunteer Docents Needed  
**WHEN:** Beginning June 3  
**WHERE:** Green-Meldrim House, 14 W. Macon St., Savannah Historic District  
**HOW MUCH:** Free of charge!  
**CONTACT:** Jamie Credle, 912.233.3845; [jcredle@greenmeldrimhouse.org](mailto:jcredle@greenmeldrimhouse.org)  
**WHAT ELSE:** Docents lead tours and assist with programs for people from around the world who visit the historic Green-Meldrim House. Trainees will meet on Mondays in June for a two-and-a-half hour session each week. Once trained, volunteer docents are asked to give at least six hours (two shifts) to the museum each month.

**POSTAL PEOPLE**

**WHAT:** Landings Stamp Club  
**WHEN:** Friday, June 21, 10 a.m.  
**WHERE:** Messiah Lutheran Church conference room  
**COST:** Free  
**CONTACT:** Carl Luecke, [cluecke@comcast.net](mailto:cluecke@comcast.net) or 631.766.5002 for meeting details.  
**WHAT ELSE:** Beginner, advanced, or anyone in between is welcome to join our monthly meeting. Learn about buying, selling, or preserving your collections, and discover different types of stamps from all over the world.

**FUN AND FELLOWSHIP**

**WHAT:** SCC's 2024 Vacation Bible Heroes + Heroines Camp  
**WHEN:** June 24 – 28, 9 a.m. – 12 p.m.  
**WHERE:** Skidaway Community Church  
**HOW MUCH:** \$50 (includes t-shirt)  
**CONTACT:** [nichole@skidcc.org](mailto:nichole@skidcc.org)  
**WHAT ELSE:** Calling all rising 1st through 5th graders: Campers will enjoy daily adventures with crafts, games, and sports, while discovering heroes and heroines from the Bible, learning spiritual lessons for everyday life, and making a difference with a community service project that helps kids facing food insecurities. Please register by May 31 at [skidcc.org/vbc2024](http://skidcc.org/vbc2024)

**RED, WHITE, AND BLEW**

**WHAT:** Savannah Wind Symphony Patriotic concert  
**WHEN:** Sunday, June 30, at 3 p.m.  
**WHERE:** The Fine Arts Auditorium on the Arm-

strong Campus of Georgia Southern University  
**HOW MUCH:** Due to past years' popularity, we suggest that you get your tickets early. Prices are \$35, general admission; \$25 military/college students; \$10 ages under 18. Tickets are available at [eventbrite.com](http://eventbrite.com) or at [savannahwindsymphony.com](http://savannahwindsymphony.com), or at the door by check or credit card.  
**CONTACT:** Please visit [savannahwindsymphony.com](http://savannahwindsymphony.com) for more information.  
**WHAT ELSE:** Celebrate Independence Day with stimulating music and pageantry! Wear your red, white and blue and bring flags to wave! Master of ceremony Sonny Dixon will be joined conductors David Elliott, John Madden, and Larry Hyatt, with soloists Rebecca Flaherty and Scott Rogers. Also participating are Brass and Color Guard from the 3rd ID at Fort Stewart. The Chatham County Veteran of the Year will be recognized and honored.

**THE COOL KIND**

**WHAT:** Keep Kindness Kool!  
**WHEN:** July 2024  
**WHERE:** The Landings  
**HOW MUCH:** No charge, just a bit of courtesy  
**CONTACT:** [webmaster@landings.com](mailto:webmaster@landings.com)  
**WHAT ELSE:** Madge Giorgio, a young Landings resident recalls: "I always loved biking in the early morning, saying hello to all the people that were out and about. It always made me so happy to see their smiling faces. I hope we as a community can get back to that kindness I remember as a child and welcome all the new residents and remind the old ones of what it used to be." Learn more about the Courtesy Campaign, residents' responses, and Skidaway waves at [www.landings.org/courtesy](http://www.landings.org/courtesy).

**HELLO, SAILOR**

**WHAT:** Basic sailing class, sponsored by The Landings Sailing Club  
**WHEN:** Saturday, Aug. 24, 9 a.m. - 3 p.m., plus 4 hours on the water  
**WHERE:** TLA Meeting Room, 600 Landings Way South  
**HOW MUCH:** \$100, of which \$25 of which will be refunded if you join TLSC within 30 days  
**CONTACT:** Angela Margolit, [amargolit@hotmail.com](mailto:amargolit@hotmail.com), 973.296.8011  
**WHAT ELSE:** Open to all Landings residents 21 or older who are either new to sailing or want a refresher course.

**HELP AROUND THE HOUSE**

**WHAT:** Habitat for Humanity volunteers wanted  
**WHEN:** 8:30 a.m. - 3 p.m., Tuesdays and Wednesdays, possibly Thursdays  
**WHERE:** locations vary

**CONTACT:** Mark Piven, 912.598.0323  
**WHAT ELSE:** Prior experience is not necessary. Many volunteers learn on the job and only do whatever they feel comfortable with. Tools are provided.

**FINANCIAL AID**

**WHAT:** AARP Tax-Aide Program needs volunteers  
**WHEN:** Training in Dec. and Jan.; Tax preparation starts Feb. 1 for 10 weeks; hours and days are flexible  
**WHERE:** Chatham SW and Bull Street Libraries  
**CONTACT:** Volunteer coordinator John Gerardi, 912.661.8705 or [johngerardi@hotmail.com](mailto:johngerardi@hotmail.com)  
**WHAT ELSE:** This program provides free tax preparation for low- to moderate-income families, as well as the elderly and people with disabilities. AARP Tax-Aide saves underserved individuals/families millions in preparation fees and helps taxpayers claim millions in refunds, which can be used to reduce poverty. Tax preparers will be trained to become IRS-certified. Volunteers are also needed to help with intake/front desk.

**TAXATION REPRESENTATION**

**WHAT:** Opportunities for volunteer income tax assistance with Neighborhood Improvement Association  
**WHEN:** starting in January, flexible hours from 9 a.m. – 8 p.m.  
**WHERE:** Several sites in Savannah, Pembroke, Rincon, Richmond Hill and Hinesville  
**CONTACT:** Tiffany Carter, [tcarter@niadc.org](mailto:tcarter@niadc.org) or 912.447.5577  
**WHAT ELSE:** This program helps underserved communities by offering free tax preparation. No experience necessary. Volunteers include greeters/screeners and tax preparers

**READ ALL OVER**

**WHAT:** Landlovers Singles Co-ed Book Club  
**WHEN:** 4th Thursday each month, 5 p.m.  
**WHERE:** Various Landings clubhouses  
**CONTACT:** Marianne Claysmith, [claysmith2@aol.com](mailto:claysmith2@aol.com)  
**WHAT ELSE:** We read novels and biographies. Members belong to the Landings Club

**LOSS MITIGATION**

**WHAT:** Pandemic support group meeting  
**WHEN:** Wednesdays at 6 p.m.  
**WHERE:** St. Peter's Episcopal Church Library  
**HOW MUCH:** Free

**CONTACT:** Suzanne at St. Peter's, 598.7242  
**WHAT ELSE:** Many of us have lost friends or family, and pandemic isolation has made dealing with these losses difficult. Dr. Stevens Peirsol will guide the group, offering those who would like to share and find help in processing loss.

**SHOP TALK**

**WHAT:** Green-Meldrim House Gift Shop – Volunteers needed  
**WHEN:** Ongoing  
**WHERE:** Green-Meldrim House, 14 W. Macon St. – Madison Square  
**HOW MUCH:** Training provided  
**CONTACT:** Jamie Credle, [jcredle@green-meldrimhouse.org](mailto:jcredle@green-meldrimhouse.org) or 912.233.3845  
**WHAT ELSE:** Request for two shifts per month. Please visit [GreenMeldrimHouse.org](http://GreenMeldrimHouse.org) for more information.

**SPEAK EASY**

**WHAT:** Savannah Speech and Hearing Center's "Speak Easy"  
**WHEN:** Every Friday morning, 10-11:30 a.m.  
**WHERE:** Savannah Speech and Hearing Center - 5414 Skidaway Rd.  
**HOW MUCH:** Free and open to the public  
**CONTACT:** Jenna Harcher, 912.355.4601 or [jharcher@speechandhearingsav.org](mailto:jharcher@speechandhearingsav.org)  
**WHAT ELSE:** A support group for survivors of stroke or traumatic brain injury and their family or caregivers. Participants work on improving and maintaining skills associated with speaking, listening, reading, and writing. Attendance via video conference is also available upon request.

**FRIENDS OF FRIENDS OF BILL W.**

**WHAT:** Al-Anon  
**WHEN:** Mondays, 4 p.m.  
**WHERE:** Skidaway Island United Methodist Church  
**WHAT ELSE:** A recovery program for families and friends of people who are struggling with addiction.

**CARING WITH CASSEROLES**

**WHAT:** Casseroles for Safe Shelter  
**WHEN:** Every 3rd Tuesday  
**WHERE:** Dropoff at 2 Moonrise Circle; Other locations TBD  
**CONTACT:** Sue Souls, [LLcommservice@gmail.com](mailto:LLcommservice@gmail.com) or [smsouls@gmail.com](mailto:smsouls@gmail.com)

Complete Island Hopping listings are online at [www.TheSkinnie.com](http://www.TheSkinnie.com).

ACROSS

- 1. Dieter's lunch
- 6. Church area
- 10. Cry from a crib
- 14. "The Brady Bunch" housekeeper
- 15. Calc. prerequisite
- 16. Black, in poetry
- 17. Putting on the ballot
- 19. Alliance est. in 1949
- 20. Title of property
- 21. Garden walkway
- 22. Spiked, as punch
- 23. Laundry room item
- 25. Take on
- 26. Big name in blenders
- 28. Leader of a funeral procession
- 30. Lethal loop
- 31. Promotion basis
- 32. Kitchen meas.
- 35. Artist's composite
- 37. Mixed-breed dog
- 39. Compass heading
- 40. Starter home, for some
- 42. Athletic venue
- 43. Baggage handler
- 44. Unlike vegan fare
- 45. Pace
- 48. Conical quarters
- 50. Split-second
- 51. Ghana money
- 52. Artist's subject
- 55. Insurer's calculation
- 56. Like some circles
- 58. Biblical shepherd
- 59. Teensy bit
- 60. Nut-bearing tree
- 61. 1995 film, "While You \_\_\_\_ Sleeping"
- 62. Copycat
- 63. Insertion symbol

DOWN

- 1. Desert or beach

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- 2. Moisturizer additive
- 3. Quarry rock
- 4. Conclusive trial
- 5. Lion's lair
- 6. Email file
- 7. Please, to Shakespeare
- 8. Hyperbolic trig. function
- 9. \_\_\_\_roll
- 10. Word in a "Star Wars" prequel title
- 11. One way to be taken
- 12. "Psycho" setting
- 13. Positive terminal
- 18. 30-day mo.
- 22. Pitt or Paxton, e.g.
- 24. Seattle's 206, e.g.
- 25. Three on stage
- 26. "It's \_\_\_\_\_. I'm buying."
- 27. Any day now

- 29. Brinks vehicle
- 32. Money manager
- 33. On its way
- 34. Comedy or drama on stage
- 36. Reason for an R rating
- 38. Chinese brew
- 41. Thaw in hostilities
- 43. Predicament
- 45. Animal bedding
- 46. Sioux, e.g.
- 47. Stair separator
- 49. Diner staple
- 51. Chicken enclosure
- 53. Casino cubes
- 54. Genuine, in Germany
- 56. Cloak-and-dagger org.
- 57. SNL network

Puzzle answers, page 45

\$30 each, with a maximum of 50 words • \$5 for each additional 10 words  
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# WILDTHINGS

## GRAB YOUR CAMERA!

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The barred owl lives in coniferous forests near water sources and wooded swamps. They require dense foliage for daytime roosting and rely on large trees with cavities for nesting, meaning they dependent on old growth forests.

Although sometimes active during the day, they typically hunt at night, preying on small mammals and occasionally birds. Barred owls live alone for most of the year, except during breeding season until the young leave the nest. Mated pairs typically live in adjoining home ranges, with an increasing degree of overlap during breeding season. They will call to other members of the species. Their distinctive call of "Hoo, who cooks for you!" can be heard at night and will often answer even a bad imitation.

Photos by Tom Barnard

*Wild Things* is a regular feature in *The Skinnie*, featuring your photographs of our beloved island. Email your high-resolution photos to [production@theskinnie.com](mailto:production@theskinnie.com). Please include your name and a little info about where the photo was taken.

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