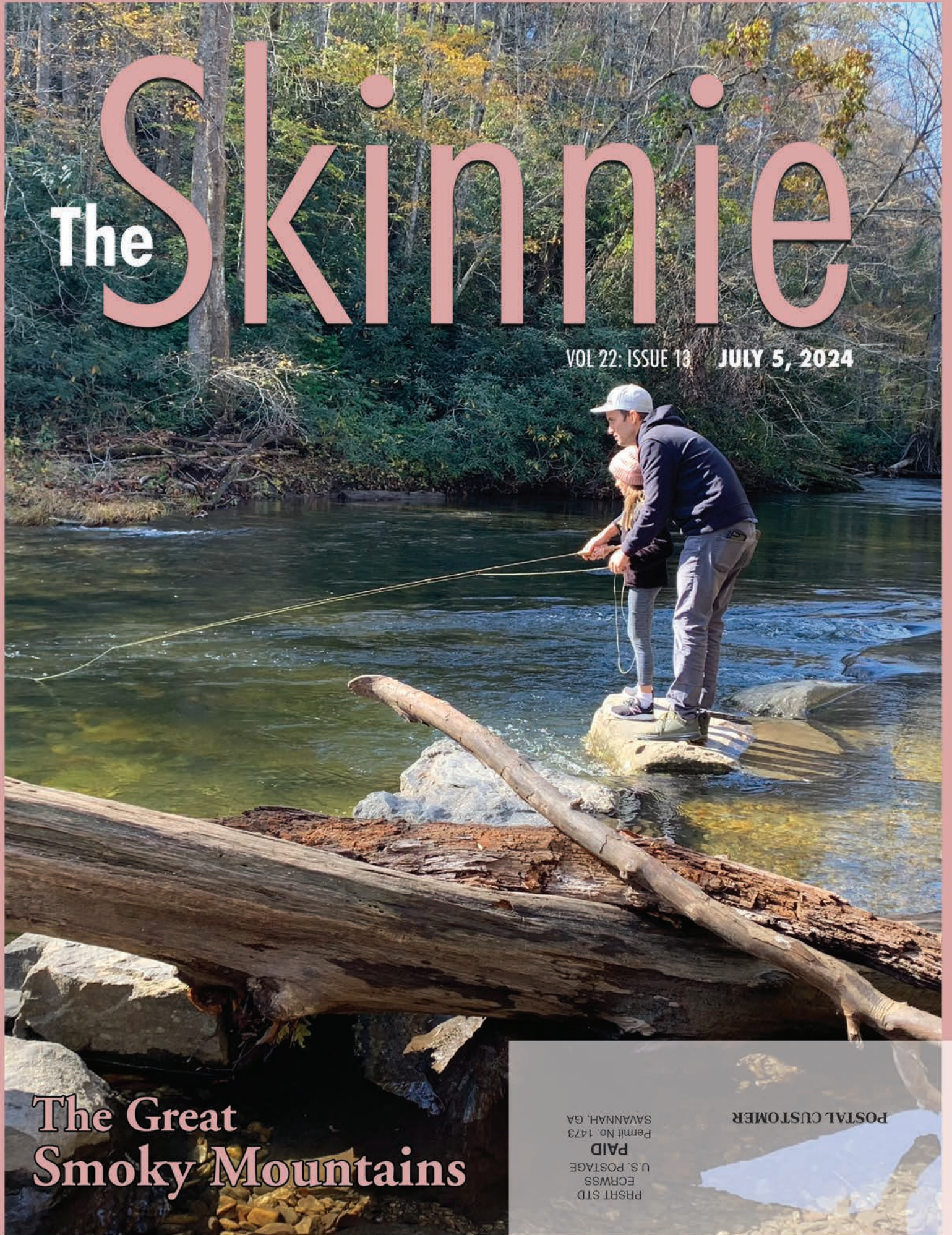




The Skinnie

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Upfront

If you are reading this close to the time you received it, it's Independence Day weekend. Because July 4 falls on Thursday, it's effectively a four-day affair.

Independence Day has been a federal holiday since 1941, but the tradition goes back to the 18th Century. On July 2, 1776, the Continental Congress voted in favor of independence and, two days later, delegates from the 13 colonies adopted the Declaration of Independence. From 1776 to the present day, July 4th has been celebrated as the birth of American independence, because of the roughly-48 hours the Continental Congress required to properly process and print the documents that memorialized modern world history's (arguably) most influential decision.

Spookily, John Adams (a signer of the Declaration of Independence and leader of the American independence movement) and Thomas Jefferson (the credited primary author of the document and signer, himself) both died on July 4, 1826, the 50th anniversary of the first Independence Day.

The July 4th holiday should be precious to every American, as it represents the ideal of the shared sum of our best selves. Unofficially and less aspirational, it is the apex of grill season. Cooking outside. Live – fire food prep. Dining al fresco. The stuff of summertime dreams.

This page features photos from our own (grassless) "backyard" and one of many amazing open-air feasts in Greece. Such food is simple and sublime, but the cleanup (there isn't much of one) might be the most appealing aspect of a cookout. That, and the usual presence of family and friends when coals are burning.

Happy birthday, America, and enjoy the feasts.

Scott A. Lauritti

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on the cover:
Summertime is a great opportunity to head toward the cooler mountains, and the Great Smoky Mountain National Park is only a half-day away by car.

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Background photo by Heidi Schweier

The Great SMOKY MOUNTAINS National Park

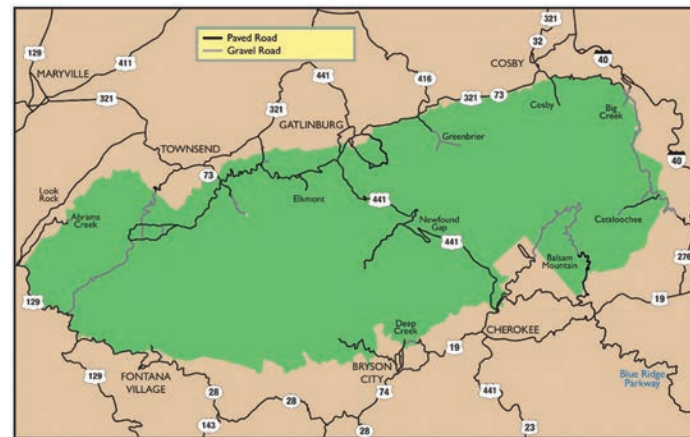
The Smoky Mountains and surrounding forests provide the setting for fun and inspiring family vacation. Visitors can spend days wandering the park, hiking the trails, or exploring more than 100 waterfalls. There are many ways to connect with nature in the mountains, from vigorous activities like hiking, tubing, fly fishing, and horseback riding, to more leisurely activities like picnicking or enjoying one of the park's scenic drives.

Cherokee Indians called it "the Land of Blue Smoke," due to the natural fog that hangs over the range. These vapors are organic chemicals forming at normal temperatures and pressure from the vegetation. Because the mountains rise so prominently above the surrounding terrain, the Smokies receive a heavy annual amount of precipitation. Rainfall ranges from 50 to 80 inches per year, and snowfall in the winter can be heavy, especially at higher altitudes.

IN THE BEGINNING

In the early 1900s, the rural towns along the Tennessee/North Carolina border began attracting wealthy Knoxville residents seeking summer getaways. Knoxville businessman David Chapman led a movement in the early 1920s to establish a national park in the Smokies. As head of the Great Smoky Mountains Park Commission, he was tasked with raising funds for land purchases and coordinating efforts between local, state, and federal entities.

Compared to Yellowstone and Yosemite, which were already federally owned, creating the Great Smoky Mountains Park proved more complex. The park commission had to convince logging firms to surrender lucrative timber rights, negotiate the purchase of thousands of small farms, and dissolve entire communities. The commission also



mediated with the Tennessee and North Carolina legislatures, which sometimes objected to spending taxpayer money on park efforts.

Finally, in 1934, the national park was officially opened, with President Franklin D. Roosevelt presiding over the dedication ceremony at Newfound Gap. Encompassing 500,000 acres, it is the most visited national park in the country, welcoming more than 14 million visitors per year.

A WALK ON THE WILD SIDE

Hiking trails in the park offer varying levels of difficulty and lengths. Little Briar Gap Trail is arguably the easiest, and slightly less than three miles long. More ambitious trails run five to eight miles, the most challenging being Mt. Cammerer – a full-day route of 11 miles.



The black bear has become the unofficial ambassador of the Smoky Mountains.

Black bears are symbolic of the Smoky Mountains, and as charming as they may appear, it's important to remember they are WILD animals. YouTube videos of animal encounters in the wild often give the impression the person filming is much closer than they actually are. This is the magic of the camera lens and its ability to zoom in. Wildlife experts recommend maintaining a distance of at least 50 yards.

Any encounter with wildlife contains a high element of danger.

- Do NOT feed the bears (or any wild animal).
- Secure trash in bear-resistant containers.
- Do not leave food in your vehicle.

GO WITH THE FLOW

Some of the outdoor activities are a thrill a minute, getting your adrenaline flowing from daring heights and rapid waters. The scenery of the blue-hazed mountains adds to the appeal of these outings. The adventurous landscape offers visitors opportunity to discover new passions while soaring, coasting, or paddling through one of the most beautiful locations in the Southeast.

In the rivers that twist and turn their way through the mountains, daredevils take on the rapids for a heart-racing experience. Several whitewater outfitters offer knowledgeable guides and plenty of protective gear. Class III and IV rapids, such as those found in the Upper Pigeon River, are among the most challenging, with tours progressing along six miles of frothy, rushing water. But if you prefer something more peaceful, Smoky Mountain River Rat in Townsend has two lazy rivers open for tubing, and the Class I and II are easily manageable for children.

Other thrill-seekers may prefer one of the many zip lines, which offer unparalleled views of forest-covered hills as you soar through the trees. But if you prefer to keep your feet firmly on the ground, the Forbidden Caverns in Sevierville is one of America's most spectacular caves. It contains many unusual earthen formations that continue to form and grow, including the largest wall of cave onyx known to exist. Well-trained tour guides offer an informative one-hour jour-

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BY PHILIP SCHWEIER



ney among the towering natural chimneys, numerous grottos, and a crystal-clear stream. The trails are well-lit with special illumination to enhance the sparkling cavern walls.

Archaeological evidence suggests the caverns were a natural shelter for early inhabitants of the area. Among the ancient dwellers were the East Tennessee Woodland Indians, who roamed the Smokies. Flint used to fashion arrowheads and knives has been found inside the caverns, and the stream within provided a constant supply of water. One Native American legend tells of an Indian princess who was lost in a "hollow mountain of two streams," making it forbidden to native people.

In the early half of the 20th Century, the cave was an excellent location for hiding moonshine stills. The isolated location with its own water supply was ideal for the manufacture of homemade whiskey. In 1964, businessmen began cultivating the natural site for tourism. Following three years of excavation and development, Forbidden Caverns opened in the summer of 1967, and has been captivating visitors for almost 50 years.

Next issue: Gatlinburg and Pigeon Forge

Dramatic lighting in the Forbidden Caverns gives the rock formations an otherworldly appearance.

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'I'm Comfortable Here'

The stained-glass windows painted the interior of the church with a kaleidoscope of colors one Sunday morning, casting an ethereal glow on the congregation gathered within. However, despite the beauty of the setting, there was an unusual dynamic at play. The pews at the back of the church were filled, while the ones at the front remained conspicuously empty.

Reverend Waylon Hall, a man known for his impassioned sermons and deep, resonant voice, stood at the pulpit with an air of concern. Today, his voice was not its usual powerful self; a lingering cold had reduced it to a weak echo of its former strength. Yet his spirit was undeterred as he began his sermon, a message he hoped would stir the souls of his flock.

As Hall spoke, his words seemed to struggle to reach the back of the church, where his congregation sat comfortably ensconced in their habitual spots. Despite his efforts, the message seemed to fall short, lost in the vast gulf between him and his audience. It was then that a man from the back pew stood up, a hint of frustration in his voice as he called out, "Reverend, can you speak up? We can't hear you back here!"

With a mix of determination and dismay, Hall paused, his brow

furling as he surveyed the palpable distance – physical and emotional – between him and his congregation. In a respectful yet firm tone he replied, "Perhaps if you find my voice too soft, you might come closer. There's plenty of room at the front."

The man hesitated, his glance darting to the empty pews before him, then back to his familiar spot. With a shrug, he settled back down, a murmur of agreement rippling through the others. "I'm comfortable where I am," he said, his words reflecting the sentiment of many around him.

The congregation shifted uncomfortably, growing uneasy as they exchanged glances, contemplating the reverend's invitation and their own resistance. A sense of reflection stirred among them, their comfort contrasting with the beckoning empty pews at the front. Across the aisle, Mary whispered, "It's challenging, isn't it? To move when it's uncomfortable. But maybe that's what we need – instead of just waiting for the sound to reach us."

Her companion, a middle-aged man, nodded in agreement and added, "Change is hard at our age. It's not just about moving seats; it's about shifting mindsets."

by Jamison Brown

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Nearby, a teenager whispered excitedly to her friend, "Imagine if we actually did sit at the front next week! It'd be a real shock, wouldn't it?"

As the sermon concluded, the physical distance of the parishioners from the pulpit paralleled the spiritual message Hall sought to impart: "If you are comfortable in life, you likely are not progressing."

It was a call to action, a plea for the reverend's flock to fight complacency. Complacency is the enemy of growth and progress. Complacency can feel comfortable, but it's a temporary comfort.

The church emptied slowly, the message lingering in the air. For some, it was a moment of reflection. For others, the day's sermon would be a topic of discussion, perhaps a spark for change. The scene during the sermon was a reminder that true progress requires effort, discomfort, and the willingness to leave behind the familiar for the unknowable promise of something greater.

In the quiet of the now-empty church, Hall pondered the small yet significant steps

that could bridge the gap between comfort and growth. He imagined his flock embracing opportunities that stretched their boundaries: volunteering for a cause that challenged their worldview; learning a new skill that seemed daunting at first; reaching out to mend a strained relationship; or even choosing to sit at the front. As he stepped down from the pulpit, his resolve was clear. Next Sunday, he would repeat his call-to-action, while committing to leading by example, sharing his own uncomfortable steps. He would address topics that were often avoided – those uncomfortable truths that need light shed upon them, even if it means facing criticism or dissent.

It was a starting point for a collective journey towards growth, understanding, and a deeper engagement with life's boundless opportunities.

Jamison Brown is Skidaway Community Church's church administrator. He has been a Landings resident for more than 30 years, enjoying writing, music, and technology.



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What You Don't Know CAN Hurt You

*Get screened for cancers.
Don't wait for symptoms.*

One of the most encouraging trends that Stephen "Drew" White, MD, a medical oncologist with Summit Cancer Care, has seen over his career is a decline in patients whose late-stage cancer might have been diagnosed earlier if they had undergone screening. "I don't see nearly as many neglected cancers as I saw 25 years ago," White says. "I think screening has had an impact. It has created a paradigm shift in early detection."

Still, there are people who resist – or perhaps don't consider – getting screened, because they are healthy and have no symptoms. But that is exactly when screenings for certain cancers can most help – before the disease causes symptoms. Cancers found early are generally easier to treat. "For many types of cancer – not all of them, but for a majority – if there is an effective screening test where the cancer can be detected early, the chances of curing it are enhanced," White explains.

One of the most effective cancer screenings for older adults is a colonoscopy to detect colorectal cancer. The endoscopic examination can find cancer, and it can also locate and remove polyps, which are clumps of cells that form on the lining of the colon. "Regular colonoscopy screenings can reduce the incidence of colon cancer by removing polyps before they become cancerous," White says.

In the past, the recommended age for people to get their first colonoscopy was 50. Today the age is 45. "There has been a significant upsurge in cases of colorectal cancer in younger people," says White. "So, the recommendation has been lowered to 45 for the general population with average risk. But if you are at a higher-than-average risk – for example, if you have a family history of colon cancer – it's a different story. You may need

to be screened earlier than age 45 and more often than people with average risk."

Other common cancers that can be detected early through screenings are breast and lung cancer. "With breast cancer, you can't prevent the development of the disease, but it can be detected at an earlier stage with a mammogram," White explains. "Removal of the cancer at an early stage results in a better prognosis."

The situation is similar with lung cancer screening, which involves a low-dose CT scan designed for patients 50 or older with a long history of cigarette use. The Nancy N. and J.C. Lewis Cancer and Research Pavilion's (LCRP) lung cancer screening program was recently designated an ACR Lung Cancer Screening Center by the American College of Radiology.

"By finding tumors in the lungs early, this screening ultimately improves outcomes by permitting surgical resection before the cancer has grown and spread," White says. He encourages folks to talk with their primary care physicians about eligibility and recommendations regarding screenings, including those for colon, lung, and breast cancer.

Just as awareness has resulted in earlier detection, White believes advances will also make a significant impact in cancer care. He says, "We now know that, with metastatic cancers, there is DNA circulating in the blood that could be isolated and detected. I think it will probably become routine to do a simple blood test to detect circulating cancer DNA. That will create another paradigm shift about how screening is done."

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Medical Oncologist, Steven "Drew" White

Reducing Skin Cancer Risk

We're lucky to live in a place where we can spend a lot of time outdoors. Warm, long summer days call us outside. Why stay cooped up inside four walls, when the sun is calling? But the sun can be dangerous, too. The more exposure to the sun you experience, the higher the risk of developing skin cancer.

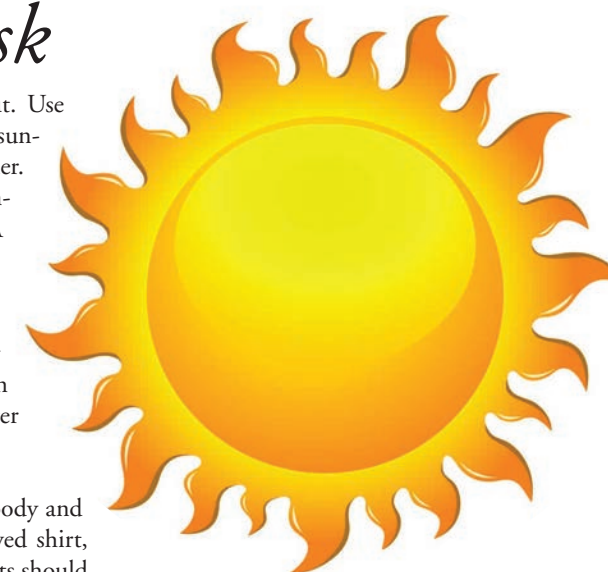
Exposure to ultraviolet (UV) rays is the biggest risk factor for skin cancer development. Skin damage from UV rays early in life can lead to skin cancer later in life, so it's important to practice good skin care year-round, no matter what your age. UV rays are strongest between 10 a.m. and 4 p.m., so it's best to limit your exposure during this time.

Apply a generous amount of sunscreen

15 to 30 minutes before going out. Use a water-resistant, broad-spectrum sunscreen with an SPF of 30 or higher. Broad-spectrum means the sunscreen protects against both UVA and UVB rays. Apply it to all areas of your body that will be exposed. Don't forget your feet, neck, ears, and the top of your head. Reapply sunscreen every two hours, even on cloudy days, and every hour after swimming or sweating.

Wear clothing that covers your body and shades your face. Wear a long-sleeved shirt, pants, and a wide-brimmed hat. Hats should provide shade for the face, ears, and back of the neck. For even better protection, wear clothing with an ultraviolet protection factor (UPF).

Children should follow smart skin care at an early age. Make sure to apply a generous amount of sunscreen to children six months and older and reapply it often. Limit their exposure to sun as much as possible, especial-



ly between peak hours. For babies younger than six months, try to avoid direct sunlight altogether. Dress your baby in hats and lightweight clothing that covers most of the skin.

The skin is the largest organ in the body. If your skin isn't healthy, it's likely your organs underneath aren't going to be healthy either.

TIPS TO REDUCE SKIN CANCER RISK

- If you're outside between 10 a.m. to 4 p.m. when UV rays are strongest, stay in the shade. If you are on the beach where shade is limited, cover up and use sunscreen.
- Check the expiration date on your sunscreen to make sure it's still effective. Don't use sunscreen that has expired.
- Use a lip balm that has an SPF of at least 30.
- Wear sunglasses with a UV coating. Look for labels with 100 percent UVA/UVB protection. This will reduce the amount of UV rays that reach the eye, protecting your eye-lids and the eye itself.
- Take care around reflective surfaces. Sand and water reflect UV rays, even under a beach umbrella. Pavement also reflects UV rays.
- UV rays come from sunlamps and tanning beds, which should be avoided.



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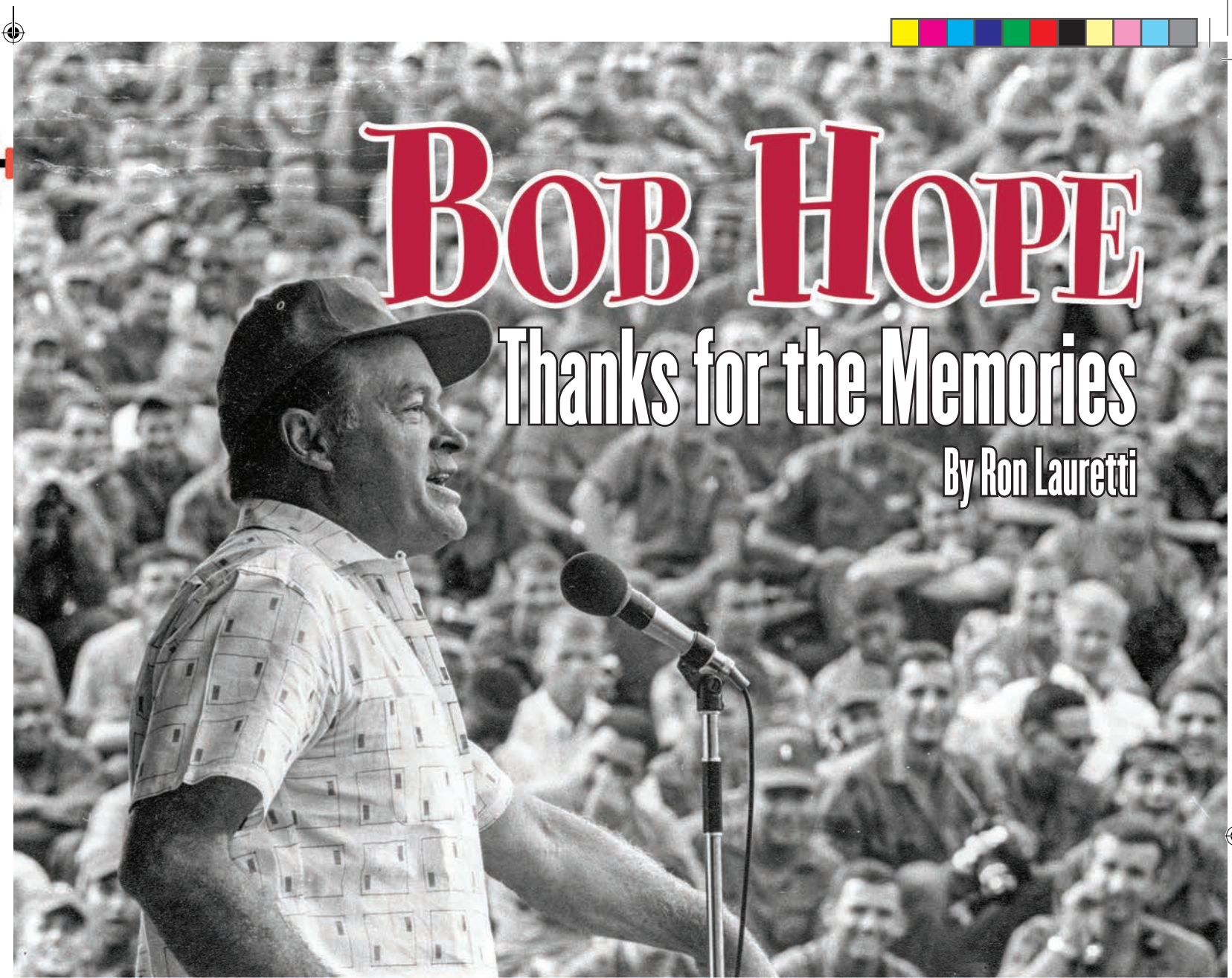
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BOB HOPE

Thanks for the Memories

By Ron Lauretti

In the history of show business, no performer traveled so far, so often, to entertain so many as Bob Hope, as he wowed military audiences around the world. He performed with flair and enthusiasm, and with a seemingly relentless frequency.

Hope joined the United Service Organization (USO) just six months after the U.S. entered World War II. He hoped to boost the morale of millions of soldiers, sailors, Marines, and airmen stationed far from home. His commitment to engage with men and women in uniform was unequaled.

Hope was born Leslie Townes on May 29, 1903, in London, England. In 1908, his parents emigrated to the U.S., settling in Cleveland with their seven sons. "That's how I learned to dance – waiting for the bathroom," Hope once quipped. From age 12, he earned pocket money by singing, dancing, and performing comedy, often on streetcars. Graduating from Fairmount High School, 17-year-old Leslie Townes became an American citizen and changed his name to Bob Hope.

After a brief career as a boxer (under the name of Packy East), he found the stage much more appealing, and soon embarked on a show-biz career. He joined Fatty Arbuckle's vaudeville revue at the Bandbox Theater in Cleveland, where Arbuckle recommended him to producer Fred Hurley for his popular revue, *Hurley's Jolly Follies*. For more than 10 years, Hope polished his skills on the American vaudeville circuit.

In 1933, while appearing in the highly successful Broadway musical *Roberta*, he met a young singer, Dolores Reade, who was performing at the Vogue Club on New York's 57th Street. After a brief courtship, the couple married in February of 1934. Around this time, Hope transitioned to radio, then to movies, first in small roles in short-subject films, then earning bigger parts in features, becoming a major film star by the time America entered the war.



Hope's first USO show aired on radio from an Army Air Corps base in Riverside, California, on May 6, 1942. From there, he would go on to entertain American troops for nearly 50 years, becoming the USO's most iconic "one-man-morale-builder." Hope's USO shows provided a brief moment of levity.

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TheSkinnie VOL. 22 ISSUE 13 - 19



Bob Hope greeting the audience at a USO show at Cu Chi Base Camp, Vietnam, 1970. (image courtesy of the Bob and Dolores Hope Foundation)

ty in otherwise dark and challenging times.

Throughout World War II, with only two exceptions, Hope's radio shows were regularly performed and aired from military bases and installations throughout the U.S., Europe and the South Pacific. His first trip into a combat area was in 1943 when he and his small troupe visited U.S. military facilities in England, Africa, Sicily, and Ireland. Undeterred by enemy fire or rough seas, Hope took his company of comedians, singers, and dancers wherever American troops were stationed – often to the front lines.

During his tours, Hope imposed one ironclad rule on his fellow entertainers: Under no circumstances should they cry, even when visiting wounded soldiers in military hospitals. This was often difficult given the amount of suffering they saw, but Hope told his team that it was their duty to smile and provide laughs and good cheer. Yet, Hope admitted to breaking his own rule once. While visiting a hospital in Italy in 1943, he paused at the bed of a wounded soldier who had been in a coma for two months. The soldier suddenly opened his eyes and said, "Hey, Bob Hope! When did you get here?"

Hope left the hospital room to prevent those gathered from seeing his tears, but he returned a few hours later to present the soldier with a Purple Heart medal.

Hope was an avid golfer. He said, "Golf is my profession. I tell jokes to pay my green fees." He contributed immensely to the popularity of the game. Beginning in 1960, he hosted the annual Bob Hope Classic, drawing the most famous pros and celebrity amateurs. Although the

sponsors and venues have changed over the years, the tournament has raised more than \$40 million dollars for the Eisenhower Medical Center in Rancho Mirage, California, and 70 other deserving charities.

As the Vietnam conflict wound down, Hope called his 1972 trip his "last Christmas show." But each Christmas that followed, he was somewhere in the country doing a show at a military base or veterans' hospital. He and wife spent Christmas 1990 in Saudi Arabia entertaining the men and women of Operation Desert Storm. Between 1941 and 1991, Hope made 57 tours for the USO. His adventures are recounted in his book, *Don't Shoot, It's Only Me*.

Hope retired from performing in 1994. During his film career, he appeared in more than 90 films. A perennial host of the Academy Awards, he never earned an Oscar for acting. However, the Academy honored him five times: two honorary Oscars, two special awards, and the Jean Hersholt Humanitarian Award.

Hope was honored five times by Congress. In October of 1997, he received one of his greatest tributes when Resolution 75 was unanimously passed by members of both houses making him an Honorary Veteran, the first individual so honored in the history of the nation. He was feted in the U.S. Capitol Rotunda by members of Congress, military personnel, and veterans. The next day, he was joined by family and friends at the White House for the signing of the resolution by President Bill Clinton.

Cited by the Guinness Book of Records as the most honored entertainer in the world, Hope accrued more than 2,000 awards and



Bob Hope shakes hands with Gen. George Patton during one of Hope's USO tours to entertain US troops in Europe.

citations for humanitarian and professional efforts, including 54 honorary doctorates. In 1998, Queen Elizabeth II bestowed an honorary Knight Commander of the Most Excellent Order of the British Empire (KBE) on the British-born superstar.

Hope died July 27, 2003, at the age of 100, leaving Dolores behind, as well as four children and four grandchildren. His was truly a long, full life well-lived.



WE WANT YOU
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There's a lot of military service among our readers, active and retired, from all branches of the Armed Forces, as well as police, fire and other first responders. Help us recognize their service by nominating them to be featured in an upcoming **He Served**.

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With the Fourth of July this week, Tom Barnard's photo of a pair of bald eagles seemed appropriate.

"Wild Things" is a regular feature in The Skinnie, featuring your photographs of our beloved island. Email your high-resolution photos to production@theskinnie.com. Please include your name and a little info about where the photo was taken.

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\$75 off any lip filler

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Deadline is the Friday prior to publication.

HEAR GREAT SPEAKERS

WHAT: Kiwanis Club of Skidaway
WHEN: Thursday mornings at 8 a.m.
WHERE: Palmetto Club
HOW MUCH: Free to attend, including any refreshments, which includes coffee/tea (compliments of Morgan Stanley) and occasional pastries from Auspicious Bakery.
CONTACT: Michael Klavon, 912.306.0474 for gate pass
WHAT ELSE: Membership is open to Savannah/Chatham area residents. Visit www.kiwanisofskidaway.com for more information.

WHO NEW?

WHAT: New Neighbors
WHEN: Visit www.landingsnewneighbors.com to see our calendar
CONTACT: Visit our website or contact Jody at nnnewmember@gmail.com
WHAT ELSE: The club offers more than 250 different activities from biking, golf, pickleball, walking groups or fishing to Mahjong, Bridge, Needle-arts and Canasta. We have exciting military tours and special events for you to enjoy right here on Skidaway Island.

SWEET VISIONS

WHAT: Joanna Silver's solo exhibition, "Candy Coated Memories"
WHEN: Now through July 31, opening reception July 11, 5 - 7 p.m.
WHERE: Jewish Educational Alliance, 5111 Abercorn St.
HOW MUCH: Free and open to the public
CONTACT: Katie Griffith, JEA Arts and Ideas Coordinator, 912.355.8111
WHAT ELSE: The show includes more than 14 prints and paintings Silver has worked on during the past two years as a painting MFA candidate at SCAD.

THE COOL KIND

WHAT: Keep Kindness Kool!
WHEN: July 2024
WHERE: The Landings
HOW MUCH: No charge, just a bit of courtesy
CONTACT: webmaster@landings.com
WHAT ELSE: Madge Giorgio, a young Landings resident recalls: "I always loved biking in the early morning, saying hello to all the people that were out and about. It always made me so happy to see their smiling faces. I hope we as a community can get back to that kindness I remember as a child and welcome all the new residents and remind the

old ones of what it used to be." Learn more about the Courtesy Campaign, residents' responses, and Skidaway waves at www.landings.org/courtesy.

PIANO MAN

WHAT: The Arts at Messiah, with pianist Xun Pan
WHEN: Friday, July 12, at 7 p.m.
WHERE: Messiah Lutheran Church, 1 W. Ridge Rd.
HOW MUCH: No admission charge, but donations are welcomed
CONTACT: MLC at 912.598.1188, Monday-Friday mornings
WHAT ELSE: Pianist Xun Pan has won many international piano competitions and awards, performing solo recitals worldwide from Carnegie Weill Hall to the Beijing National Center for Performing Arts. Earning his Doctor of Musical Arts degree from Rutgers University, he is the director of keyboard studies of the Tell School of Music at Millersville University in Pennsylvania, and a visiting professor at universities and conservatories in China. A Steinway Artist, he was inducted into the Steinway and Sons Teacher Hall of Fame in 2023.

DEMOCRATIC PROCESS

WHAT: Meet-and-greet fundraiser with Patti Hewitt, candidate for Congressional District 1
WHEN: Thursday, July 18, 6 to 8 p.m.
WHERE: Landings Harbor Marina, 600 Priest Landing Dr.
HOW MUCH: Free
CONTACT: Email Rosemary Mackey at rwmackey1@gmail.com for a gate pass; For a ride from The Marshes or Thrive, contact Mitzi Toth at mlaneto38@gmail.com
WHAT ELSE: Hosted by the Skidaway Island Democrats. Patti Hewitt is well-known for her collaborative approach and her ability to create partnerships across diverse stakeholders. She has served as an advisor to many global financial services companies, including American Express, Walt Disney Company, and Citibank, while also working with emerging entrepreneurs in leading technology businesses.

BEE THERE

WHAT: "All about Bees"
WHEN: Saturday, July 20, 9 a.m., weather permitting
WHERE: Sparrow Field, Bartram Rd. and Pettigrew Dr. North
HOW MUCH: Free

CONTACT: friendsofskidawayaudubon@gmail.com
WHAT ELSE: John and Elena Boshier invite fellow residents to learn about the importance of bees, beekeeping, and the honeybee hives at Sparrow Field. No registration required. Parking is limited.

POSTAL PEOPLE

WHAT: Landings Stamp Club
WHEN: Friday, July 26, 10 a.m.
WHERE: Messiah Lutheran Church conference room
COST: Free
CONTACT: Carl Luecke, cluecke@comcast.net or 631.766.5002 for meeting details.
WHAT ELSE: Beginner, advanced, or anyone in between is welcome to join our monthly meeting. Learn about buying, selling, or preserving your collections, and discover different types of stamps from all over the world.

THE RIGHT STUFF

WHAT: Luncheon meetings - Ladies on the Right (LOTR)
WHEN: No meeting in July and August, next meeting September 2024
WHERE: Landings Palmetto Club ballroom
HOW MUCH: LOTR members and military, \$35; nonmembers, \$40
CONTACT: To register or to join LOTR: www.ladiesontheright.org
WHAT ELSE: LOTR is a greater-Savannah conservative leadership organization whose mission is to inform, educate, and inspire members to take action roles on issues that impact our country, community, and lives. LOTR hosts luncheon meetings on the third Thursday of each month. Members may bring a paying guest and be entered into a raffle.

HELLO, SAILOR

WHAT: Basic sailing class, sponsored by The Landings Sailing Club
WHEN: Saturday, Aug. 24, 9 a.m. - 3 p.m., plus 4 hours on the water
WHERE: TLA Meeting Room, 600 Landings Way South
HOW MUCH: \$100, of which \$25 of which will be refunded if you join TLSC within 30 days
CONTACT: Angela Margolit, amargolit@hotmail.com, 973.296.8011
WHAT ELSE: Open to all Landings residents 21 or older who are either new to sailing or want a refresher course.

HELP AROUND THE HOUSE

WHAT: Habitat for Humanity volunteers wanted
WHEN: 8:30 a.m. - 3 p.m., Tuesdays and Wednesdays, possibly Thursdays
WHERE: locations vary
CONTACT: Mark Piven, 912.598.0323
WHAT ELSE: Prior experience is not necessary. Many volunteers learn on the job and only do whatever they feel comfortable with. Tools are provided.

FINANCIAL AID

WHAT: AARP Tax-Aide Program needs volunteers
WHEN: Training in Dec. and Jan.; Tax preparation starts Feb. 1 for 10 weeks; hours and days are flexible
WHERE: Chatham SW and Bull Street Libraries
CONTACT: Volunteer coordinator John Gerardi, 912.661.8705 or johngerardi@hotmail.com
WHAT ELSE: This program provides free tax preparation for low- to moderate-income families, as well as the elderly and people with disabilities. AARP Tax-Aide saves underserved individuals/families millions in preparation fees and helps taxpayers claim millions in refunds, which can be used to reduce poverty. Tax preparers will be trained to become IRS-certified. Volunteers are also needed to help with intake/front desk.

TAXATION REPRESENTATION

WHAT: Opportunities for volunteer income tax assistance with Neighborhood Improvement Association
WHEN: starting in January, flexible hours from 9 a.m. - 8 p.m.
WHERE: Several sites in Savannah, Pembroke, Rincon, Richmond Hill and Hinesville
CONTACT: Tiffany Carter, tcarter@niacdc.org or 912.447.5577
WHAT ELSE: This program helps underserved communities by offering free tax preparation. No experience necessary. Volunteers include greeters/screener and tax preparers

BUILDING BRIDGES

WHAT: Social bridge game
WHEN: Thursdays at 1 p.m.
WHERE: the Savannah Bridge Club
HOW MUCH: \$6 for members, \$7 for non-members
CONTACT: Veronica, 912.598.7217 or Savannah Bridge Club, 912.228.4838
WHAT ELSE: All skill levels welcome. Come

alone or with a partner or bridge group.

DOUBLE YOUR FUN

WHAT: Duplicate Bridge
WHEN: Wednesdays at 6:30 p.m.
WHERE: Oakridge Dining Room
HOW MUCH: \$4 entry fee paid out to top pairs
CONTACT: Steve Fitzgerald, stefitz@bellsouth.net or 912.856.4172
WHAT ELSE: All are welcome. Please sign up weekly by Monday so partnerships (made randomly) can be made in advance of game day.

BRIDGING THE GAP

WHAT: Co-ed Bridge Group
WHEN: every Wednesday, 11 a.m.-2 p.m.
WHERE: Marshwood club/Landings Room
HOW MUCH: \$1/person
CONTACT: David Marbry, marbryd@outlook.com

CAN YOU CANASTA?

WHAT: Max of 24 players. Players must have a basic knowledge of the game.
WHEN: Every Wednesday, 2-5 p.m.
WHERE: Marshwood Clubhouse, Skidaway Room
CONTACT: Diane and Paul Bloom, landloverscanasta@gmail.com.

OUTDOOR ADVENTURE

WHAT: Boy Scout Troop 57, for boys 10-18
WHEN: Weekly meeting Tuesday 7-8:30 p.m.
WHERE: Skidaway Community Church, 50 Diamond Causeway
CONTACT: BSA office, 912.927.7272
WHAT ELSE: Chartered in 1989, the troop has sponsored 80 Eagle Scouts to date. Weekly meetings, monthly outings (canoeing, canoeing, hiking, kayaking, rafting, backpacking), yearly summer camp and high adventure trips. New Scouts and transfers are welcome.

JUST DANCE

WHAT: Dancing for fitness! Great music and stretches complete your workout.
WHEN: 9-10 a.m. every Tuesday
WHERE: Skidaway Island Methodist Church, Bailey Hall
HOW MUCH: \$2/month
CONTACT: Marilee Dalby, marileedalby@gmail.com
WHAT ELSE: A signed waiver is required for participants.

ALL ABOARD

WHAT: Mexican Train Dominoes Group
WHEN: Every Tuesday, 3-5 p.m.
WHERE: Palmetto Club/Byrd Room
CONTACT: Lesa Thompson, lcthompson2761@gmail.com

FRIENDLY WORDS

WHAT: Skidaway Scrabblers
WHEN: Every Thursday afternoon
WHERE: Members' homes
CONTACT: Cathy White, cathy77024@yahoo.com
WHAT ELSE: We are a happy group of dedicated Scabble players who enjoy a social game. Join us for a game or two and discover that you, too, may want to be a Skidaway Scrabbler.

BUNCO SQUAD

WHAT: A fun and easy dice game with friends
WHEN: 6:30-8:30 p.m., 2nd Tuesday of the month starting Oct. 10
WHERE: The Landings Association building, Landings Way South
HOW MUCH: \$6 to cover room rental and prizes TLA room must be reserved six months in advance. Please visit TLA website to make reservations
CONTACT: Wendy Crowell, Wendylwc68@gmail.com and Barb Capes, llbunco2@gmail.com.

HOCUS POCUS

WHAT: Landings Magic Society
WHEN: 7 p.m., second Thursday of the month, Oct. through May
WHERE: Plantation Club card room
CONTACT: Jim Ruhl, 912.856.3948, jsruhl@gmail.com or Bill Sickels, 912.598.9123 or whsickels@gmail.com
WHAT ELSE: Anyone with an interest in magic is welcome. Every meeting is instructional, entertaining and enlightening.

ACROSS

- 1. Close with a bang
- 5. Reunion goer, briefly
- 9. Commercial creator
- 14. Vegetarian staple
- 15. Bill of fare
- 16. Hosiery hue
- 17. Japanese sashes
- 18. Kind of grin or twin
- 19. Candle holders?
- 20. Pinocchio, for one
- 23. For fear that
- 24. Come before
- 25. Fix firmly
- 27. Mathis hit, *Chances* _____
- 28. Exciting
- 31. Batman's hood
- 34. Assign authority
- 36. Far-many link
- 37. Embarrass
- 39. Young fellow
- 40. Subway fare
- 42. Parking place
- 43. First act
- 46. Blanched
- 47. Consumer response
- 49. U-turn from WSW
- 51. Fowl pole
- 52. Bar supply
- 56. Soothing stuff
- 58. Green energy source
- 60. False moniker
- 62. Get one's goat
- 63. Casserole fish
- 64. Wish granter
- 65. Half of an old radio duo
- 66. Flatten, in a way
- 67. Public spat
- 68. Periscope part
- 69. US currency unit

DOWN

- 1. Put one's foot down?

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21					22		23			
24								25		26				
			27				28						29	30
31	32	33			34	35						36		
37				38		39				40	41			
42				43	44				45		46			
47			48						49	50				
			51					52				53	54	55
56	57				58		59							
60				61		62					63			
64						65					66			
67						68					69			

- 2. Type of pneumonia
- 3. All excited
- 4. *Annie* and *Evita*
- 5. Made some changes
- 6. Anti-flood embankment
- 7. Part of ICU
- 8. Vast quantity
- 9. *Modern Family* network
- 10. Casino worker
- 11. Former Bears coach
- 12. Awfully long time
- 13. Hatchling's home
- 21. "_____ the ramparts..."
- 22. Give off
- 26. One of TV's Mavericks
- 28. Paddle
- 29. Yuletide tune
- 30. Affleck flick, _____ *Girl*
- 31. Baby elephant
- 32. Symphony member
- 33. Flood mark
- 35. One kind of college
- 38. Rail rider
- 41. Like a Carreras concert
- 44. Panthers play, perhaps
- 45. Keep bottled up
- 48. Territory
- 50. Tuck's partner
- 52. Where dos are done
- 53. Get used to
- 54. Mortise insert
- 55. Bias, in reporting
- 56. Captures
- 57. Knighted Guinness
- 59. Margarita fruit
- 61. "Get the picture?"

Puzzle answers, page 29

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SKIDAWAY CAT ALLIANCE TEAM provides for the humane treatment, health, welfare and population control (spay/neuter) of free-roaming cats on and around Skidaway Island. If you are interested in learning more or need help with a feral cat, please contact us at skidawaycats@gmail.com or visit our Facebook page, https://www.facebook.com/skidawaycatalliance.com.

POWER WASHING



SKIDAWAY ISLAND PRO WASH • Owned by Landings residents and members, we offer the most premium roof and house soft washing, concrete pressure washing and window washing available. We use only the highest quality cleaning processes and commercial equipment available, running the highest quality service available in our industry. Free estimates. Google and Facebook 5-star rated. 100% satisfaction guaranteed. Call or text Matt Shannon 912.600.7377; email matt@siprowash.com; www.siprowash.com.



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• Home Cleanouts
• Mattress and Box Springs
References available upon request. Please call Mark Anthony at 912.398.7474



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COFFEE WITH A PURPOSE • A cup of coffee. A scoop of ice cream. A frosty milkshake or a spot of tea. Come by scooter, by golf cart, by car or by bike. Walk up window. Shaded seating. Mon -

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Sat, 7am – 5pm. Skidaway Community Church, 50 Diamond Causeway. Profits go to charity. www.overflowskid.com, overflowskid@gmail.com; FB OverflowSkid; IG @overflowskid We can't wait to see you!

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To see your work on a future cover of The Skinnie please email your submissions to production@theskinnie.com

Submissions must be no less than 8" x 10" 300 dpi .jpg or .tiff files. Contact Philip Schweier with questions: 912.598.9715

The Hines Family - Savannah, GA

The daughter of an Olympic swimmer, Angela swam competitively until a scoliosis surgery ended her career. Her two daughters both followed in the family's footsteps, and when 11 year-old Nola developed signs that Angela feared might signal the onset of scoliosis, she brought her to St. Joseph's/Candler.



WE'RE COMPETITIVE ABOUT PROVIDING THE BEST CARE.



Dr. Steven Greer, a musculoskeletal physician specializing in sports medicine, diagnosed Nola with a 2cm leg-length discrepancy. He understood how much competitive swimming meant to the family. Because his approach involves identifying non-invasive therapies to delay or prevent surgery whenever possible, his solution was relatively simple—Orthotics would give her the support she needed. Today Nola continues to pursue the sport she loves, as Dr. Greer continues to treat the entire family.

"My goal is to help patients get where they want to be in life with as minimal intervention as possible, whenever possible." – Dr. Greer

"THAT'S WHY I CHOOSE ST. JOSEPH'S/CANDLER"

– Steven Greer, M.D. – Musculoskeletal Specialist



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